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Raising the Barre Lauren Kessler, 2015-11-24 Like generations of little girls Lauren Kessler fell in love with ballet the first time she saw *The Nutcracker* and from that day at age five she dreamed of becoming a ballerina But when she was twelve her very famous ballet instructor crushed those dreams along with her youthful self assurance and she stepped away from the barre Fast forward four decades Lauren suddenly powerfully itchy restless at midlife embarks on a Transcontinental *Nutcracker* Binge Tour where attending a string of performances in Chicago New York Boston and San Francisco reignites her love affair with the ballet and fuels her girlhood dream What ensues is not only a story about *The Nutcracker* itself but also an inside look at the seemingly romantic but oh so gritty world of ballet about all that happens away from the audience's eye that precedes the magic on stage It is a tale told from the perspective of someone who not only loves it but is also seeking to live it Lauren's quest to dance *The Nutcracker* with the Eugene Ballet Company tackles the big issues fear angst risk resilience the refusal to settle in to midlife the refusal to become yet another Invisible Woman It is also a very funny very real look at what it's like to push yourself further than you ever thought you could go and what happens when you get there

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1. Understanding the eBook Pilates At Home Near Me Download
 - The Rise of Digital Reading Pilates At Home Near Me Download
 - Advantages of eBooks Over Traditional Books
2. Identifying Pilates At Home Near Me Download
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Pilates At Home Near Me Download
 - User-Friendly Interface
4. Exploring eBook Recommendations from Pilates At Home Near Me Download
 - Personalized Recommendations
 - Pilates At Home Near Me Download User Reviews and Ratings
 - Pilates At Home Near Me Download and Bestseller Lists

5. Accessing Pilates At Home Near Me Download Free and Paid eBooks
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 - Pilates At Home Near Me Download eBook Subscription Services
 - Pilates At Home Near Me Download Budget-Friendly Options
6. Navigating Pilates At Home Near Me Download eBook Formats
 - ePub, PDF, MOBI, and More
 - Pilates At Home Near Me Download Compatibility with Devices
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 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Pilates At Home Near Me Download
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 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Pilates At Home Near Me Download
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 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Pilates At Home Near Me Download
 - Setting Reading Goals Pilates At Home Near Me Download
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Pilates At Home Near Me Download
 - Fact-Checking eBook Content of Pilates At Home Near Me Download
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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