

6

Safety and Body Mechanics

1. Identify the persons at greatest risk for accidents and describe accident prevention guidelines

Short Answer

1. Why do the elderly have more safety concerns than younger people?

They may have issues like
dementia, confusion, illness,
disability and diminished
senses.

2. What is the key to safety in facilities?

The key to safety in facilities
is prevention. Safety hazards
should be observed and we
should report unsafe conditions
to supervisor.

Multiple Choice

Falls

3. Generally speaking, in what position should a bed be left after a nursing assistant has finished giving care?
- (A) Upright position
(B) Lowest position
(C) About two inches away from the wall
(D) Highest position

4. If a resident starts to fall after standing up, the nursing assistant should
- (A) Use her body to slide the resident to the floor
(B) Push the resident gently into her wheelchair
(C) Have the resident use the nearest piece of heavy furniture to brace herself
(D) Prop the resident up to try to stop the fall
5. Which of the following should always be locked before giving care?
- (A) Bathroom door
(B) Bedside table
(C) Bed wheels
(D) Door to the resident's room

Multiple Choice

Burns/Scalds

6. Those at greatest risk for burns are
- (A) Middle-aged adults who are not active
(B) Young adults
(C) People who have a loss of sensation
(D) Teenagers who are careless
7. Scalds are burns caused by
- (A) Hot liquids
(B) Lye
(C) Hot irons
(D) Heating devices
8. How long does it take for a serious burn to occur with a liquid at a temperature of 140°F?
- (A) 5 seconds or less
(B) 10 seconds or less
(C) 30 seconds or less
(D) 60 seconds or less

Medical Assisting Study Guide Answer Key

Julie L. Akason



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