MY IDEAL

ROUTINE



1. WAKE UP

6.20am



4. EXERCISE

7.00am



7. HAIR + MAKE UP

7.45am



2. JOURNAL

6.25am



HOT BATH

7.15am



8. BREAKFAST

8.00am



3. HYDRATE

6.40am



6. DRESS

7.25am



9. START YOUR DAY

8.15am

Morning Routine Tips

A Gutmann



Embracing the Track of Appearance: An Emotional Symphony within **Morning Routine Tips**

In a global eaten by screens and the ceaseless chatter of instant communication, the melodic beauty and psychological symphony produced by the prepared term often fade in to the back ground, eclipsed by the relentless sound and disruptions that permeate our lives. But, set within the pages of **Morning Routine Tips** a stunning literary value filled with raw feelings, lies an immersive symphony waiting to be embraced. Constructed by an elegant composer of language, that fascinating masterpiece conducts viewers on a mental journey, skillfully unraveling the concealed melodies and profound influence resonating within each cautiously constructed phrase. Within the depths of this emotional evaluation, we can discover the book is key harmonies, analyze their enthralling publishing model, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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