



MY IDEAL

morning

@myjourney.app

ROUTINE



1. WAKE UP

6.20am



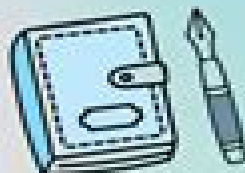
4. EXERCISE

7.00am



7. HAIR + MAKE UP

7.45am



2. JOURNAL

6.25am



5. HOT BATH

7.15am



8. BREAKFAST

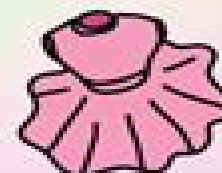
8.00am

500ML



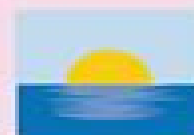
3. HYDRATE

6.40am



6. DRESS

7.25am



9. START YOUR DAY

8.15am

Morning Routine This Week

TD Snyder

A red circular graphic with a gradient, appearing as a partial circle or a thick arrow pointing to the right, located to the right of the TD Snyder text bar.

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Morning Routine This Week Introduction

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[how to grow tomatoes for kids master tomato](#) - Sep 12 2022

dec 15 2022 this article will provide a brief overview of how to grow tomatoes for kids tomatoes are a member of the solanaceae family which also includes potatoes peppers and eggplants the plant is native to south america and was

introduced to europe in the 16th century tomatoes are now grown in many parts of the world

tomato wikipedia - Jun 09 2022

lycopersicon esculentum mill tomatoes whole halved vertically and halved horizontally the tomato təmeɪtʊ or təmə:tʊ is the edible berry of the plant solanum lycopersicum 1 2 commonly known as the tomato plant the species originated in western south america mexico and central america

tomato facts lesson for kids video lesson transcript - Mar 18 2023

dec 21 2021 christianlly cena learn about the tomato the round red vegetable that is really a fruit discover the different varieties of tomatoes what vitamins tomatoes contain and the vast number of

planting tomato seeds fact sheet looking after tomato plants - Mar 06 2022

a beautifully illustrated step by step guide on how to plant and grow tomatoes from seed perfect for growing and looking after tomato plants with children we have created this illustrated step by step guide on how to plant and grow tomatoes from seed aimed at budding young gardeners as a delightful project in the spring or summer

tomato facts for kids - May 20 2023

oct 16 2023 kids encyclopedia facts the tomato solanum lycopersicum is a botanical fruit but not a fruit as ordinary people use the word it is shiny and smooth it has many small seeds it is also very good for health most tomatoes are red the tomato is green when it is unripe

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the u s is second to china california and florida grow most commercial tomatoes here tomato juice is ohio s state drink in cold climates tomato plants in a garden die when the frost comes in warm places tomatoes can grow year round a huge tomato plant grows at disney world and sprawls over an area larger than an olympic size swimming

tomato facts for kids facts just for parents teachers and - Apr 19 2023

tomato facts for kids name tomato tomatoes type of food fruit botanically produced from tomato plants total calories 22 medium tomato 123 grams total fat none medium tomato 123 grams total protein 1 gram medium tomato 123 grams total carbohydrates 5 grams medium tomato 123 grams 26 tomato facts for kids

10 top tomato facts national geographic kids - Aug 23 2023

1 believe it or not tomatoes aren t always red they can be yellow pink purple black and even white 2 found at walt disney world resort florida usa the largest single tomato plant in the world covers an area of 56 73 metres sq that s bigger than an olympic size swimming pool 3 it s thought that tomatoes originally came from peru 4

tomatoes kidsgardening - Jun 21 2023

check the seed packet plant label or catalog information on the growth habit of a variety indeterminate tomato plants

continue to grow taller and set fruits throughout the growing season stopping only when frost finishes them off many of the
bush tomato facts for kids - Apr 07 2022

oct 16 2023 bush tomatoes are the fruit or entire plants of certain nightshade solanum species native to the more arid parts of australia while they are quite closely related to tomatoes solanum lycopersicum they might be even closer relatives of the eggplant s melongena which they resemble in many details

parts of a tomato plant ks1 science teacher made twinkl - Jul 10 2022

teach ks1 children the different parts of a plant with this parts of a tomato plant resource the resource includes an informative poster that shows children a hand drawn picture of a tomato plant the flowers stem roots fruit and leaves are clearly labelled around the picture

learn fruits and vegetables for kids the tomato youtube - Feb 05 2022

dec 9 2014 in this episode get to know better the spinach and have fun yourkidtv the channel dedicated to children subscribe here [bit ly yourkidstv](https://bit.ly/yourkidstv) yourkid

grow tomatoes with children rhs gardening - Dec 15 2022

tomatoes are an important crop in the vegetable garden they are actually fruits the fleshy berries of the plant and often referred to as fruiting vegetables there are lots of different varieties you can grow from cherry tomatoes to stripy tomatoes
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tomatoes are the fruit of the tomato plant they originated in the south american andes around the area of modern day peru and was first used as a food by the aztec s in southern mexico because the tomato has seeds and grows from a flowering plant botanically it is classed as a fruit not a vegetable

23 tomato facts for kids that ll surprise you - May 08 2022

23 tomato facts for kids that ll surprise you tomatoes are one of the most popular vegetables in the world they are used in many different dishes from pizza and pasta to salads and soup tomatoes are a good source of vitamins

growing tomatoes with kids thompson morgan - Nov 14 2022

growing tomatoes with kids tomatoes are a superfood that are really easy to grow delicious and full of goodness you can even start growing them on your bedroom windowsill do you like tiny tomatoes you can eat straight from the plant or larger ones that you can slice for sandwiches and pizza

tomato description cultivation history britannica - Jan 16 2023

oct 18 2023 tomato flowering plant of the nightshade family cultivated extensively for its edible fruits the fruits are commonly eaten raw served as a cooked vegetable used as an ingredient of prepared dishes pickled or processed learn more about the plant its cultivation and its history of domestication

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tomatoes are commonly called vegetables but they are actually fruits they are eaten raw or used in cooking canned tomatoes and tomato juice are also popular tomatoes are grown in all mild regions of the world they belong to the nightshade family tomato plants generally have many spreading branches the leaves are hairy and have a strong

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tomato plants facts for kids all you need to know tomato plants tomatoes are one of the most popular fruits in the world wait a fruit yes that s right tomatoes are actually a fruit not a vegetable the reason they are a fruit is because they have seeds inside of them like apples oranges lemons kiwi and all other types of fruit

tomatoes how they re grown for kids youtube - Aug 11 2022

oct 12 2020 kidsmusicshop s tony emma set out to discover how tomatoes are grown for kids to eat they visit the tomato nursery where the baby tomato plants start life then visit the flavour fresh

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aug 22 1975 once the king of the blues derived stride school of jazz piano fats waller earned his reputation as the most perfect of all jazz pianists with impeccable time keeping instrumental mastery the intensity of swing and melodic gift

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this informal narrative of waller s life and music a moving memoir of a musical genius and an outstanding human being was written by fats personal manager reviewing fats brief but stellar career kirkeby reveals a life that was filled with paradoxes and a man who moved with ease from a middle class churchgoing home to new york s

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songwriter s andy razaf fats waller harry brooks ain t misbehavin is a 1929 stride jazz early swing song andy razaf wrote the lyrics to a score by thomas fats waller and harry brooks 2 for the broadway musical comedy play connie s hot chocolates

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aug 25 2022 ain t misbehavin tells musical story of fats waller ain t misbehavin brings early 20th century harlem renaissance to life fats waller is known for such songs as

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ed kirkeby was waller s friend and manager during the last eight years of the musician s life which he recounts here in the first person against the background of the building of fats career

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fats waller wrote this oft recorded jazz tune with lyricist andy razaf and composer harry brooks for the off broadway revue connie s hot chocolates even though the narrator is lonely he promises to stay true to his lover and he ain t misbehavin by *ain t misbehavin thomas fats waller 1929* - Feb 13 2023

the true part of the story about ain t misbehavin and waller s alimony troubles was that he was so strapped for cash that he sold the rights to all of the songs in hot chocolates for 500 a tiny fraction of what he would have earned in royalties from ain t misbehavin alone had he held on to the rights

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apr 2 2014 famous musicians fats waller african american pianist fats waller wrote such jazz standards as ain t misbehavin and earned fame for his comedic radio performances in the 1930s

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