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want whatever the situation How to Succeed with NLP Anne Watson,2010-11-17 Think like the best and succeed like the best Ever wondered how some people always manage to succeed Well wonder no longer How to Succeed with NLP examines exactly how those people do it and breaks down everything you need to know to emulate their success This energising book shows you how to change your mindset and alter your behaviour to become the most valuable asset in your company The NLP techniques will provide any ambitious eager person with the perfect toolkit to get ahead You will learn how to increase your confidence improve your influencing skills handle conflict situations dispel anxious feelings trust your intuition create a rapport with others be more effective in your communication understand and use body language define the results you want and set about achieving them **Boost Your Confidence In A Day For Dummies** Kate Burton,Brinley N.

Platts,2012-06-14 Take positive steps to develop your confidence in all areas of your life Boost Your Confidence In a Day will help you to discover your confident self and become more effective in your day to day life Designed to contain a day s reading this handy guide helps you to assess your current confidence levels identify the obstacles that are holding you back and to connect with your emotions and values to help you live a happy confident life Open the book and find A reminder of the key ingredients of confidence Practical guidance for assessing your confidence levels Ways to move on from the grip of negative emotions How to handle your emotions and identify your values Top tips for living a powerful confident life Persuasion Skills Black Book Rintu Basu,2009 A manual for quickly learning some very powerful hypnotic language patters that you can use in practical real world situations Persuasion and Influence For Dummies Elizabeth Kuhnke,2011-09-28 Many people want to gain trust or support in business and throughout life but the true skill is doing so in a charming fashion Whether you re convincing the boss about your much deserved promotion or a busy restaurateur to offer a better table the power of persuasion can help improve and increase your successes Elizabeth Kuhnke author of the bestselling Body Language For Dummies guides the reader through easy to implement techniques that can turn a timid person into someone bursting with self confidence and the ability to influence Topics covered will include The key elements in becoming more persuasive body language listening skills using persuasive words and actions Finding a common ground and establishing a connection with your audience Capturing their attention and keeping them interested Putting yourself across convincingly Getting things done through others Identifying the type of person you re dealing with and responding in an appropriate manner *Live Life, Love Work* Kate Burton,2010-10-12 The secrets to reclaiming your personal life and enriching your professional life for the overstretched overworked and overanxious With the boundaries between professional and private life increasingly blurred by mobile technology most people are simply finding it tougher to enjoy life either at home or at work For those looking for a way out of the frustrating maze of daily life bestselling author and respected communications coach Kate Burton offers the keys to achieving in both one s professional and private life a renewed sense of ownership possibility and meaning In Live Life Love Work she poses such essential questions as Whose Life Is It Anyway before offering readers an inspiring

Brave Action for Change Each step outlined in the book is linked to a discussion of one's physical, mental, inner or spiritual world. Other books by Burton: *Personal Development All in One For Dummies* and *Building Confidence For Dummies*. Burton delivers custom built corporate workshops and seminars for that boost motivation, self awareness, communication and health. For those interested in enriching both their personal and work life, *Live Life Love Work* offers practical, insightful tips on how

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man with an addiction relapse gets an intervention in his life and also in a mass murderer's life just hours after the man kills 12 people and injures 70. The killer wants to commit suicide and the author is used as a vessel from a higher power to pray with the killer, convince him to repent and talk him out of his suicidal thoughts. Then the killer opens up with gruesome details. Publisher's website: <http://sbprabooks.com> Steve Unruh

Secrets of Neuro-Linguistic Programming Judy Bartkowiak, 2025-10-23

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NLP and Coaching for Health Care Professionals Suzanne Henwood, Jim Lister, 2007-03-13

NLP Neuro Linguistic Programming is a recognised and validated means of providing expert communication and personal effectiveness in both life and work contexts. It is well used in all contexts and is well established in the business world, but is yet to be widely used in health care practice, although it is gaining ground in terms of improving the health of individuals. This book provides an accessible introduction to NLP for healthcare professionals. Breaking down any complicated terminology, it gives practical applications of all commonly used NLP tools, demonstrating their value and inspiring readers to apply them in their day to day work. Demonstrates NLP and coaching can be used in healthcare by practitioners to enhance their own practice, the service delivered by the team and improve patient care. Highlights effective tools in coaching to make a difference in practice. Demonstrates the value of self development through coaching to individuals in health care. It is written as a practical

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