

Table 2.

Analysis of PSQI Scores of Patients With Schizophrenia (N = 100)

Variable	Category	Frequency (%)	Mean $\pm$ SD
Subjective sleep quality	Very good	16	1.93 $\pm$ 1.148
	Fairly good	21	
	Fairly bad	17	
	Very bad	46	
Sleep latency	Very good	3	1.88 $\pm$.891
	Fairly good	37	
	Fairly bad	29	
	Very bad	31	
Sleep duration	> 7 h	19	1.52 $\pm$ 1.049
	6 to 7 h	33	
	5 to 6 h	25	
	< 5 h	23	
Sleep efficacy	> 85%	14	1.50 $\pm$.937
	75%–85%	39	
	65%–74%	30	
	< 65%	17	
Sleep disturbance	Not during past month	13	1.64 $\pm$.990
	Less than a week	34	
	Once or twice a week	29	
	$\geq$ 3 times a week	24	
Use of sleep medication	Not during past month	73	0.68 $\pm$ 1.254
	Less than a week	3	
	Once or twice a week	13	
	$\geq$ 3 times a week	11	
Daytime dysfunction	Not during past month/no problem	8	2.12 $\pm$ 1.008
	Less than a month/slight problem	21	
	Once or twice a month/somewhat a problem	22	
	$\geq$ 3 times a week/a very big problem	49	

Abbreviation: PSQI = Pittsburgh Sleep Quality Index.

New Psqi Scoring Table

Olatz Lopez-Fernandez

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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