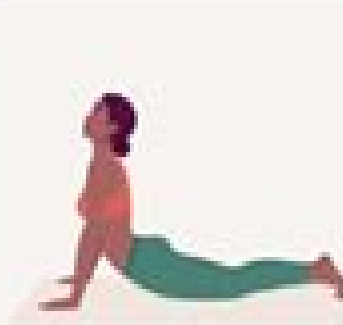


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13 Tips for Beginners



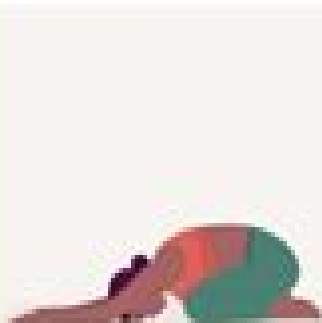
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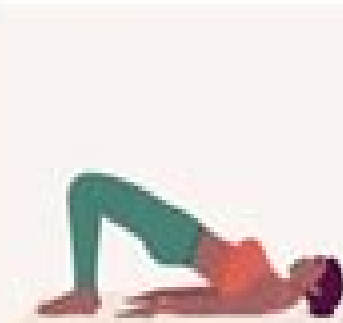
Cobra Pose



Downward Facing Dog



Child's Pose



Bridge Pose



Warrior 1 Pose



Seated Forward Fold



Tree Pose



Mountain Pose

Yoga For Beginners Tips

Yicheng Fang



Yoga For Beginners Tips:

Unveiling the Magic of Words: A Overview of "**Yoga For Beginners Tips**"

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