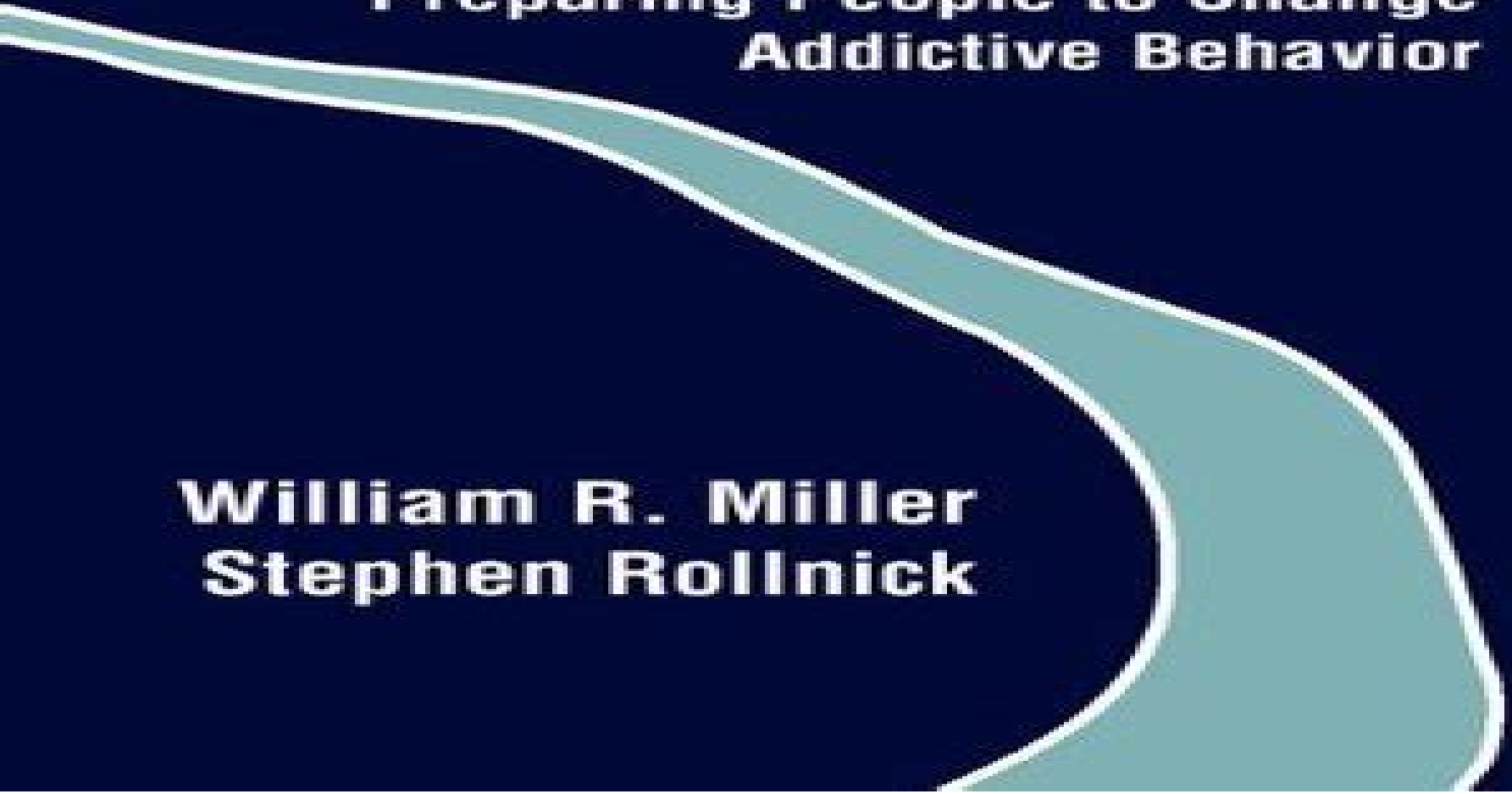


FIRST EDITION

MOTIVATIONAL INTERVIEWING

Preparing People to Change
Addictive Behavior

William R. Miller
Stephen Rollnick



Motivational Interviewing Preparing People To Change Addictive Behavior

William R. Miller, Stephen Rollnick



Motivational Interviewing Preparing People To Change Addictive Behavior:

Motivational Interviewing William R. Miller, Stephen Rollnick, 1991 A revised and expanded second edition of the foundation text of motivational interviewing in counseling explains how to work through ambivalence to facilitate change presents detailed guidelines for using the MI approach with a variety of clinical populations and reflects on the process of learning MI Leading experts then address such topics as MI and the stages of change model using the approach with groups couples and adolescents and applications to general medical care health promotion and criminal justice settings

Motivational Interviewing William Robert Miller, Stephen Rollnick, 1995 **Addictions** Barbara S. McCrady, Elizabeth E. Epstein, 1999-04-15 Today alcohol and other drug abuse scientists have access to a broad array of clinical resources that integrate a commonsensical approach to addiction treatment with science Addictions A Comprehensive Guidebook is a superb example of one such resource Here in one volume is both practical and scholarly information for alcohol and drug abuse specialists primary care providers clinicians policy makers and others involved in programs that are geared to help those who abuse or are dependent on alcohol and other drugs Its scope is a testament to how far drug abuse scientists and practitioners have come in defining what they do and to how they are able to do it effectively through a growing body of scientific behavioral research Addictions is organized into seven parts that range from the prevalence of certain addictions to their identification and treatment to the social effects of these addictions In fact this volume contains nearly all of the basic information a professional or graduate student needs to learn about or treat substance abuse **Grundlagen der**

Motivierenden Gesprächsführung Andreas Jähne, Cornelia Schulz, 2018-07-18 Innere Motivation durch das Auflösen von Ambivalenzen In diesem Buch präsentieren die Autoren übersichtlich fundiert und anhand vieler Fallbeispiele die Grundlagen der Motivierenden Gesprächsführung Motivational Interviewing MI ihre Entwicklung bis zum heutigen Stand die Einsatzfelder und praktischen Umsetzungsmöglichkeiten Seit ihrer Begründung in den 80er Jahren hat das MI immer neue Anwendungsbereiche gefunden Neben dem erfolgreichen Einsatz in der Suchttherapie Essstörungen Drogenmissbrauch pathologisches Spielen etc kann das MI auch Betroffenen mit Angststörungen oder im Umgang mit chronischen Krankheiten helfen ihre Selbstwirksamkeit zu erfahren und zielführende Verhaltensweisen umzusetzen Die innere Motivation des Klienten wird durch ein Erklären und Auflösen von ambivalenten Einstellungen bewirkt Da es bei der MI vor allem um eine Grundhaltung und eine universelle Technik in Beratungssituationen geht lässt sie sich in vielfältige Beratungs- und Therapieformen integrieren So gelingt Veränderung in jedem Setting **Promoting Treatment Adherence** William T.

O'Donohue, Eric R. Levensky, 2006-07-07 Promoting Treatment Adherence provides health care providers with a comprehensive set of information and strategies for understanding and promoting treatment adherence across a wide range of treatment types and clinical populations The information is presented in a practical how to manner and is intended as a resource that practitioners can draw from to improve skills in promoting treatment adherence **Cambridge Handbook of**

Psychology, Health and Medicine Susan Ayers, Andrew Baum, Chris McManus, Stanton Newman, Kenneth Wallston, John Weinman, Robert West, 2007-08-23 Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine This new edition is fully reworked and revised offering an entirely up to date comprehensive accessible one stop resource for clinical psychologists mental health professionals and specialists in health related matters There are two new editors Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center The prestigious editorial team and their international interdisciplinary cast of authors have reconceptualised their much acclaimed handbook The book is now in two parts part I covers psychological aspects of health and illness assessments interventions and healthcare practice Part II covers medical matters listed in alphabetical order Among the many new topics added are diet and health ethnicity and health clinical interviewing mood assessment communicating risk medical interviewing diagnostic procedures organ donation IVF MMR HRT sleep disorders skin disorders depression and anxiety disorders

Motivierende Gesprächsführung in der Praxis Sozialer Arbeit Melinda Hohman, 2024-08-16 Das Buch zeigt detailliert auf wie sich der Beratungsansatz der Motivierenden Gesprächsführung MI auf verschiedene Bereiche der Sozialen Arbeit übertragen lässt Die Autorin beschreibt wie MI im konkreten Fall aussieht wie das Konzept Gespräche mit Klienten positiv beeinflusst und wie Praktikerinnen es in zahlreichen Situationen und Bereichen der Sozialen Arbeit anwenden können Die Übersetzung der aktualisierten 2. Auflage aus dem Amerikanischen enthält ausführliche neue Fallbeispiele und kommentierte Dialoge um Praktikerinnen der Sozialen Arbeit den Einstieg in MI zu erleichtern und sie dabei zu unterstützen ihre eigenen Fähigkeiten auszubauen Das Buch fasst zudem den Forschungsstand zusammen und enthält zahlreiche Tipps für Lehre Training und professionelle Entwicklung Es nimmt auch Bezug zur Critical Race Theory Traumaprocessing Erfahrungssicherheit sowie Klimagerechtigkeit

Psychoedukatives Training bei Abhängigkeitserkrankungen Franziska Schober, Friederike Wernz, Anil Batra, 2022-01-19 Abhängigkeitserkrankungen gehören zu den häufigsten Störungsbildern im psychiatrischen psychotherapeutischen und häuslichen Behandlungssetting Die erste wichtige psychotherapeutische Behandlungsphase dient dem Motivationsaufbau Psychoedukative Techniken sollen die Reflexion des Konsums anregen das Krankheitsverständnis fördern und die Abstinenzmotivation weiterentwickeln und unterstützen Das in 2. Auflage bearbeitete Manual enthält eine große Auswahl an detailliert dargestellten suchtspezifischen Therapiemodulen für den ambulanten und stationären Rahmen und ist auf alle Suchtmittel übertragbar Umfangreiche Therapiematerialien zum Download sowie praxisorientierte Tipps und Beispiele bieten wertvolle Arbeitshilfen

Theorie und Praxis der Gruppenpsychotherapie Irvin D. Yalom, 2024-05-18 DAS Standardwerk in bearbeiteter Neuauflage über 30.000 verkaufte Exemplare Komplette Neuauflage mit einem neuen Kapitel zu Online Gruppentherapie und weiteren innovativen Ansätzen Die Neuauflage enthält alle signifikanten Innovationen die sich seit der letzten Revision vor 15 Jahren in Forschung und Praxis der Gruppenpsychotherapie entwickelt haben In dem Maße wie neue psychologische Syndrome Settings und theoretische Ansätze

entstanden sind haben sich auch entsprechende Varianten der Gruppentherapie etabliert. Dem trägt das Buch ebenso Rechnung wie der Tatsache, dass Therapie heute verstärkt mit unterschiedlichen ethno-kulturellen Hintergründen bei den Patient:innen umgehen muss. Auch dass Gruppentherapie heute häufig online angeboten wird schafft neue Möglichkeiten, aber auch Herausforderungen für die in dieser Ausgabe Hilfestellungen geboten werden. Nicht mehr so relevante Inhalte wurden herausgenommen, viele neue Themen und Materialien sind dazugekommen. Damit ist das Praxishandbuch wieder hochaktuell. Wieder einmal haben Yalom und Leszcz einen Volltreffer gelandet. Die Breite und Tiefe der behandelten Forschung ist wirklich beeindruckend. Es ist jedoch der bemerkenswert fesselnde Schreibstil, der diese empirisch fundierten Prinzipien der Gruppenpsychotherapie nahtlos in einen zwischenmenschlichen Rahmen einbettet, der dieses Buch zu einem einzigartigen Klassiker macht. Die lehrreichen und berzeugenden klinischen Beispiele unterstützen angehende Therapeuten während die zeitgemäßen Gruppeninterventionen den erfahrenen Gruppenleiter dazu einladen, Neuland zu betreten.

Gary Burlingame, Professor und Lehrstuhlinhaber für Psychologie, Brigham Young University: *Alkoholismus - Mißbrauch und Abhängigkeit*

Wilhelm Feuerlein, Heinrich Küfner, Michael Soyka, 2011-10-01: Das bewährte Standardwerk Alkohol ist in unser gesellschaftliches Leben integriert, birgt jedoch ein großes Missbrauchs- und Abhängigkeitspotenzial. Rund 3 Millionen Menschen in Deutschland sind alkoholabhängig oder leiden unter Alkoholmissbrauch mit Folgeschäden. Ärzte und Psychologen haben häufig mit Menschen zu tun, deren Alkoholabhängigkeit große therapeutische Probleme verursacht. Dieses bewährte Standardwerk bietet Theorie und Befunde zur Entstehung der Alkoholabhängigkeit, eine ausführliche Darstellung der Folgeschäden und ihrer Therapiemöglichkeiten, Informationen zur Epidemiologie, Erkennen, Behandeln, Vorbeugen, ausführliche Darstellung der körperlichen und psychischen Aspekte der Alkoholsucht, Überblick der Therapiemöglichkeiten und psychosozialen Hilfsangebote, Darstellung der rechtlichen Aspekte, konkrete Vorschläge zur Verbesserung der Situation von Alkoholkranken.

Evidenzbasierte Suchtmedizin Lutz G. Schmidt, 2006

Motivational Interviewing William R. Miller, Stephen Rollnick, 2012-10-18: This book has been replaced by Motivational Interviewing Fourth Edition ISBN 978 1 4625 5279 5

Verhaltenstherapie der Sucht Thomas Schnell, 2024-10-01: Die Behandlung von Suchterkrankungen stellt an Therapeuten hohe Anforderungen. Dieses Buch zeigt für den therapeutischen Umgang mit der typischen Ambivalenzhaltung abhängiger Menschen gegenüber ihrem eigenen Suchtverhalten und für den Aufbau einer Änderungsmotivation erprobte Strategien. Auf evidenzbasierte verhaltenstherapeutische Interventionen werden vorgestellt und im Sinne einer wirkfaktorenorientierten Suchttherapie mit Erkenntnissen der Wirksamkeitsforschung kombiniert. Im Fokus stehen dabei auch die Lebensqualität und eine individuelle, die eigenen Bedürfnisse befriedigende Lebensgestaltung für Menschen, die ihre Sucht bewältigen wollen. Die 2. Auflage enthält die Aktualisierungen der ICD 11.

Lehrbuch der Verhaltenstherapie Jürgen Margraf, Silvia Schneider, 2008-10-21: Das Standardwerk für die Ausbildung in der Verhaltenstherapie erscheint in der dritten Auflage. Band 2 wurde umfassend bearbeitet und aktualisiert, einige Kapitel

komplett neu geschrieben ohne jedoch von dem bewährten praxisorientierten Grundkonzept abzuweichen. Alle Beiträge stellen konsequent das konkrete therapeutische Vorgehen dar und verankern die Therapieverfahren in der klinischen Grundlagenforschung. Der aktuelle Wissensstand wird umfassend dargestellt, viele Fallbeispiele lassen die Theorie lebendig werden.

A Comprehensive Guide to Addiction Theory and Counseling Techniques Alan A. Cavaola, Margaret Smith, 2020-05-13. A blend of theory and counseling techniques, this comprehensive text provides readers with an overview of several major counseling theories and their application to substance use disorders and addiction counseling, along with related techniques and interventions. Chapters incorporate cutting-edge evidenced-based research on neuroscience, psychological, and sociocultural theories explaining the biopsychosocial influences of substance use disorders and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder. The text additionally helps apply theory to practice, offering intervention techniques and using accessible case studies. Throughout the text, highlighted learning opportunities and key terms further help students to practice and apply the theories, interventions, and techniques that the book discusses. Mental health professionals, undergraduate and graduate students alike will benefit from this deft mix of prominent theory, innovative research, and accessible case studies.

Soziale Arbeit in der Suchthilfe. Lehrbuch Daniel Deimel, Diana Moesgen, Henrike Shecke, 2024-06-17. Drogen und Suchthilfe verstehen und anwenden. Dieses umfassende Grundlagenwerk komplementiert die Trilogie aus Lehr und Fallberichten der Klinischen Sozialarbeit und gehört in eines der wichtigsten Arbeitsfelder der Suchthilfe. Ein Wie beim Lehrbuch Soziale Arbeit in der Psychiatrie wurden Lehrende und Praktikerinnen aus verschiedenen Hochschulen und Praxissettings als Mitschreibende gewonnen, die ihre Erfahrung weitergeben wollen. Die Autorinnen nutzen alle die gleiche didaktische Struktur mit Lernzielen, kurzen Exkursen, Zusammenfassungen und Reflexionsfragen. Neben einer Beschreibung von Suchtmodellen, Behandlungsmöglichkeiten und Rahmenbedingungen werden unterschiedliche Methoden und Zugänge zu einer Klientel vorgestellt, die neben medizinischer Behandlung vor allem psychosoziale Unterstützung braucht. Studierende und Berufsanfängerinnen lernen spezialisierte Angebote für verschiedene Personengruppen und Lebenssituationen kennen. Ein konkurrenzloses Kompendium der Suchthilfe mit einem exzellenten Einblick in Forschung, Praxis und Weiterbildung.

Psychosocial Treatment of Schizophrenia Allen Rubin, David W. Springer, Kathi Traverser, 2011-02-02. Praise for the Clinician's Guide to Evidence-Based Practice Series: A major stumbling block to the adoption of evidence-based practice in the real world of clinical practice has been the absence of clinician-friendly guides suitable for learning specific empirically supported treatments. Such guides need to be understandable, free of technical research jargon, infused with clinical expertise, and rich with real-life examples. Rubin and Springer have hit a home run with the Clinician's Guide to Evidence-Based Practice Series, which has all of these characteristics and more. Edward J. Mullen, Willma and Albert Musher, Chair Professor, Columbia University, State of the Art empirical support for psychosocial treatment of schizophrenia. Part of the Clinician's Guide to Evidence-Based Practice Series.

Psychosocial Treatment of Schizophrenia provides busy mental health practitioners with detailed step by step guidance for implementing clinical interventions that are supported by the latest scientific evidence This thorough yet practical reference draws on a roster of experts and researchers in the field who have assembled state of the art knowledge into this well rounded guide Each chapter serves as a practitioner focused how to reference and covers interventions that have the best empirical support for the psychosocial treatment of schizophrenia including Cognitive behavioral therapy Assertive community treatment Critical time intervention Motivational interviewing for medication adherence Psychoeducational family groups Illness management and recovery Easy to use and accessible in tone Psychosocial Treatment of Schizophrenia is an indispensable resource for practitioners who would like to implement evidence based compassionate effective interventions in the care of people with schizophrenia

Toward Equity in Health Barbara C. Wallace, 2007-11-26 This essential collection presents a state of the art framework for how workers in public health and related disciplines should conceptualize health disparities and how they should be addressed worldwide The contributors who are leading public health professionals educators and practitioners in complimentary fields advance new evidence based models designed to mobilize and educate the next generation of research and practice The resulting chapters articulate new theory procedures and policies the legacy of racism community based participatory research new internet technology training community workers and educators closing the education and health gap and addressing the needs of special populations *Toward Equity in Health* is an essential book for all who are working toward global health equity whether in health education health promotion disease prevention public health the health care delivery system or patient and population level health

Motivational Interviewing Antoine B. Douaihy, Thomas M. Kelly, Melanie A. Gold, 2015-01-02 This work will help you learn about how to engage patients in a discussion about behaviour change Whatever field you pursue patient care will be at the heart of your practice Motivational Interviewing is transforming the way we engage with patients and colleagues alike This manual is ideal for any medical doctors at all levels in their career

The Health Psychology Handbook Lee M. Cohen, Dennis E. McChargue, Frank L. Collins, 2003-06-18 This comprehensive yet practical handbook consolidates information needed by health psychologists working alongside other healthcare professionals It facilitates the progression of the learner from the classroom to the clinical setting by focusing on the translation of science to practice using practical examples The Handbook is divided into four major parts Part I highlights practical issues faced by health psychologists in a medical setting how to motivate patients consultation liaison assessment and screening brief psychotherapies ethical issues etc Part II concentrates on treating unhealthy behaviors alcohol and nicotine use noncompliance overeating obesity physical inactivity stress Part III considers behavioral aspects of medical problems pain management hypertension diabetes cancer sexual dysfunction HIV AIDS irritable bowel syndrome insomnia And Part IV takes up special issues relevant to practice and research in the field minority issues women s issues working with geriatric populations public health approaches to health psychology and

behavioral medicine The Handbook will prove to be an invaluable resource for those already working in the field of health psychology as well as for those in training

Decoding **Motivational Interviewing Preparing People To Change Addictive Behavior**: Revealing the Captivating Potential of Verbal Expression

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