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The Psychology of Spending: Why we buy things we don't need Ikechukwu Kelvin Maduemezia ,2025-08-26 This book unpacks the hidden psychology behind consumer behavior Readers learn why they overspend how emotions influence purchases and how to break destructive financial habits

From Anxiety to Meltdown Deborah Lipsky,2011-08-15 Drawing on her own experience and using examples to explain how autistic people think the author distinguishes between meltdowns and tantrums showing how each begins and most importantly how to identify triggers and prevent outbursts from happening in the first place Practical and simple solutions to avoiding anxiety are offered throughout

Peace with Money T.S Avini,2025-08-04 In Peace with Money discover how to transform your financial life by changing the way you think about earningand spending This enlightening guide delves into the psychology behind financial behaviors and offers freshinsights on cultivating a peaceful relationship with money Explore the underlying beliefs about wealth that shape your financial decisions and learn to identify andtransform them Understand the emotional connection to money and how it influences your financial habits With practicalstrategies for setting healthy financial boundaries and aligning spending with your core values you ll learn how tonavigate economic uncertainties with confidence Dive into concepts like Purpose Driven Income and budgeting with intention to redefine what financial successmeans to you From overcoming the fear of investing to embracing the role of generosity in your financial journey this book covers it all Don t just change your spending habits reshape your entire financial mindset and discover true peace withmoney Embark on a transformative journey today and redefine your relationship with finances for a morefulfilling life

Youth and Internet Addiction in China Trent Bax,2013-08-15 A form of electronic opium is how some people have characterised young people s internet use in China The problem of internet addiction wanyin is seen by some parents as so severe that they have sought psychiatric help for their children This book which is based on extensive original research including discussions with psychiatrists parents and internet addicted young people explores the conflicting attitudes which this issue reveals It contrasts the views of young people who see internet use especially gaming as a welcome escape from the dehumanising pressures of contemporary Chinese life with the approach of those such as their parents who medicalise internet overuse and insist that working hard for good school grades is the correct way to progress The author shows that these contrasting attitudes lead to battles which are often fierce and violent and argues that the greater problem may in fact lie with parents and other authority figures who misguidedly apply high pressure to enforce young people to conform to the empty values of a modern dehumanised consumer oriented society

Illicit Trade Trade in Counterfeit Pharmaceutical Products OECD,European Union Intellectual Property Office,2020-03-23 This report one in a series of studies by the OECD and the European Union Intellectual Property Office EUIPO enhances understanding of the issues and challenges facing governments businesses and society posed by the trade in fake pharmaceutical products

Interactive Psychology Online Lester A. Lefton,2000 In this innovative product a black and

white text contains the core coverage of the general topics of introductory psychology with a built in section review It is supplemented by a website that contains the full colour illustrations usually found within the text and a multitude of study aids including a customized version of The Psychology Place Website Based on Lefton s Psychology this is a briefer more cost effective alternative to a traditional introductory psychology text It is intended that the student use both the text and the website as the basis for learning

Addicted Like Me Karen Franklin,Lauren King,2009-08-18 Told through the voices of a mother daughter writing team Addicted Like Me offers a detailed personal account of addiction and how it affects the entire family Karen Franklin recounts her own past as a young addict her struggle with the alcoholism of her parents and ultimately her husband s and children s addictions Lauren King Franklin s daughter tells of her own spiral of addiction from marijuana and alcohol to crystal meth As a valuable complement to their own stories of addiction and recovery Franklin and King also provide advice and resources for parents dealing with addiction In this prescriptive section they discuss how to identify the signs of addiction where to turn for help and how to understand this disease Told from the trustworthy perspective of two people who have been there these hard won tips are preventative in their efforts to help parents help their kids at an early phase rather than glossing over what may be calls for help Addicted Like Me tackles the long lasting effects of addiction in many shapes and provides a mother daughter story of recovery that is sure to resonate with parents and children facing similar issues

Refugee Mental Health Stephan Zipfel,Monique C. Pfaltz,Ulrich Schnyder,2019-06-18 The focus of this Research Topic is on research that aims to understand the relationships between pre migration stressors and potentially traumatic experiences post migration living difficulties and mental health in refugees of both sexes throughout the lifespan We know very little about how concepts of assessing and treating mental health conditions actually work when applied to traumatized refugee populations from different cultures e g the Yazidis people from northern Iraq Moreover there is also a great need to better understand the relationship between mental health and refugees integration in their host countries societies acquiring language skills fitness for work economic independence private life etc This Research Topic will also focus on the issue of culture the extent to which concepts of mental health care can translate and be implemented in different social economic and cultural settings around the world

Computerworld ,1999-12-13 For more than 40 years Computerworld has been the leading source of technology news and information for IT influencers worldwide Computerworld s award winning Web site Computerworld com twice monthly publication focused conference series and custom research form the hub of the world s largest global IT media network

Routledge Handbook of Sustainability and Fashion Kate Fletcher,Mathilda Tham,2014-08-21 The clothing industry employs 25 million people globally contributing to many livelihoods and the prosperity of communities to women s independence and the establishment of significant infrastructures in poorer countries Yet the fashion industry is also a significant contributor to the degradation of natural systems with the associated environmental footprint of clothing high in comparison with other products Routledge Handbook of Sustainability

and Fashion recognizes the complexity of aligning fashion with sustainability It explores fashion and sustainability at the levels of products processes and paradigms and takes a truly multi disciplinary approach to critically question and suggest creative responses to issues of Fashion in a post growth society Fashion diversity and equity Fashion fluidity and balance across natural social and economic systems This handbook is a unique resource for a wide range of scholars and students in the social sciences arts and humanities interested in sustainability and fashion

The Dark Side of Hope Karen

Krett,2011-11-30 Using her deep understanding of self psychological theory and her own extensive clinical experience Karen Krett offers us a scholarly yet down to earth examination of hope For too long hope has been promoted as an unmitigated virtue without any consideration of its dark side Yet as Krett shows through revealing clinical examples hope may also impede development and contribute to psychological suffering Her book serves as a wonderful guide from hope s dark side to the light Doris Brothers Ph D author of Toward a Psychology of Uncertainty Trauma Centered Psychoanalysis and Falling Backward An Exploration of Trust and Self Experience Hope saturates the cultural air we breathe in movies songs advertising political slogans and self help books Now for the first time Karen Krett LCSW is putting hope on the therapist s couch Krett examines the duality of hope In childhood hope can be the emotional glue that keeps us from falling apart from losing the thread of life In adulthood unconscious patterns of hoping for what can never be often interfere with our ability to make good choices in love and work It may seem as if giving up any hope would mean the end of us but Krett offers a refreshingly different perspective by breaking the hold of the dark side of hope we can become free to direct ourselves toward hopes which can be realized

Physical Medicine & Rehabilitation Secrets Bryan J. O'Young,Mark A. Young,Steven

A. Stiens,Sam S.H. Wu,2022-12-15 For more than 30 years the highly regarded Secrets Series has provided students academics and practitioners in all areas of health care with concise focused and engaging resources for quick reference and exam review Physical Medicine and Rehabilitation Secrets 4th Edition offers practical up to date coverage of the full range of essential topics in this dynamic field This highly regarded resource features the Secrets popular question and answer format that also includes lists tables weblinks pearls memory aids and an easy to read style making an inquiry reference and review quick easy and enjoyable The proven Secrets Series format gives you the most return for your time concise easy to read engaging and highly effective Fully revised and updated including new information on geriatric rehabilitation rehabilitation philosophy vocational rehabilitation disability rating and impairments and legislation and reimbursement New chapters and content include Longitudinal Learning Regenerative Medicine Musculoskeletal Ultrasound PM Spinal Deformity and more Top 100 Secrets and Key Points boxes provide a rapid overview of the secrets you must know for success in practice exams and teaching sessions Bulleted lists mnemonics and practical tips from global leaders in the field provide a concise overview of important board relevant content Portable size makes it easy to carry with you for quick reference or review anywhere anytime Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures

and references from the book on a variety of devices **Uninvited** Adrian Maher,2019-11-05 Drawing on more than 20 years of interviews anecdotes and personal experiences Uninvited Confessions of a Hollywood Party Crasher recounts the unique journey of a former Los Angeles Times reporter who struggling with the collapse of his industry and personal tragedies falls in with a group of intrepid gatecrashers who routinely pierce Tinseltown s celebrity party circuit Author Adrian Maher is the first to chronicle this unique subterranean culture in La La Land a group of social strivers ambitious outliers compulsive risk takers and dysfunctional characters seeking access to a famous and exclusive society from which they ve been banned Uninvited uses all the author s skills as a veteran reporter television producer private investigator archivist and humorous storyteller to reveal the unseen capers snafus and mishaps behind Hollywood s palace gates against a backdrop of America s fascination with celebrity culture And it exposes the personal struggles of an adrenaline addicted gatecrasher facing perpetual moral challenges physical dangers and psychological stressors that culminate in near disaster

Promoting Safe and Effective Transitions to College for Youth with Mental Health Conditions Adele Martel,Jennifer Derenne,Patricia K. Leebens,2018-05-23 This concise and practical book provides an overview of how to safely and effectively transition adolescents with mental health conditions into a college environment Therapeutic strategies to assess and promote readiness for transition to college are discussed in case based chapters which include case history analysis of transition clinical pearls literature review and helpful resources for clinicians patients and families Filling a significant gap in the literature Promoting Safe and Effective Transitions to College for Youth with Mental Health Conditions A Case Based Guide to Best Practices delivers essential information for psychiatrists psychologists and other mental health professionals who work with children adolescents and their families before during and after the transition to college

Telemental Health Kathleen Myers,Carolyn Turvey,2012-09-20 Myers psychiatry and behavioral sciences U of Washington School of Medicine and Turvey psychiatry U of Iowa College of Medicine introduce the telemental health TMH model for treating mental disorders in rural and other patients with poor access to care Following an overview of trends supporting the broader adoption of TMH contributors discuss demographic changes and professional shortages that contribute to the problem and solutions that TMH offers through videoconferencing social networking mobile applications and eHealth They treat clinical ethical technical and business aspects of delivering TMH services The work includes case studies documentation templates a glossary directory of Telehealth Resource Centers and websites Annotation 2012 Book News Inc Portland OR booknews com Congressional Record United States. Congress,2008 The Congressional Record is the official record of the proceedings and debates of the United States Congress It is published daily when Congress is in session The Congressional Record began publication in 1873 Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States 1789 1824 the Register of Debates in Congress 1824 1837 and the Congressional Globe 1833 1873 **Kiplinger's Personal Finance** ,2004-04 The most trustworthy source of information

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first of its kind guide to mastering the money game whether you grew up knowing the rules or not A great book to learn from It s time to reclaim our financial future unapologetically BOLA SOL author of Your Money Life

India Banking and Finance Report 2021 Ray, Partha,Bandyopadhyay, Arindam,Basu, Sanjay,2021-05-01 India Banking and Finance Report 2021 presents a lucid yet rigorous discussion on the key facets of the Banking and Financial sector in India Written primarily by the faculty of National Institute of Bank Management NIBM Pune the report covers a wide spectrum of issues ranging from contemporary macro financial perspectives against the backdrop of the ongoing pandemic to leadership concerns in Indian banks The list of subjects included is topical comprising corporate governance challenges mergers and acquisitions problems and prospects of the Bad Bank latest risk management concepts and frontiers sectoral studies digital transformation and leadership paradigms The report seeks to highlight the emerging challenges and opportunities in the banking and financial sector glean important lessons from the past and in some cases speculate on the way forward It emphasizes on a blend of internal strategies regulatory reforms and public policy initiatives The report will stimulate enlightened dialogues on the theoretical empirical and practical aspects of bank management in India

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