

FIRST EDITION



Over the **INFLUENCE**

THE HARM REDUCTION GUIDE
FOR MANAGING DRUGS
AND ALCOHOL

PATT DENNING JEANNIE LITTLE ADINA GLICKMAN

Over The Influence The Harm Reduction Guide For Managing Drugs And Alcohol

**Patt Denning, Jeannie Little, Adina
Glickman**



Over The Influence The Harm Reduction Guide For Managing Drugs And Alcohol:

Over the Influence Patt Denning, Jeannie Little, Adina Glickman, 2003-11-15 Twelve step programs that insist on abstinence are beneficial to many but what about the millions of Americans who try to quit and fail just want to cut down or wish to work toward sobriety gradually This groundbreaking book presents the Harm Reduction approach a powerful alternative to traditional treatment that helps users set and meet their own goals for gaining control over drinking and drugs The expert empathic authors guide readers to figure out which aspects of their own habits may be harmful what they would like to change and how to put their intentions into action while also dealing with problems that stand in the way such as depression stress and relationship conflicts Based on solid science and 40 years of combined clinical experience the book is packed with self discovery tools fact sheets and personal accounts It puts the reader in the driver s seat with a new and empowering roadmap for change Winner American Journal of Nursing Book of the Year Award

Over the Influence Patt Denning, Jeannie Little, 2017 **Over the Influence, First Edition** Patt Denning, Jeannie Little, Adina Glickman, 2003-11-14 Twelve step programs that insist on abstinence are beneficial to many but what about the millions of Americans who try to quit and fail just want to cut down or wish to work toward sobriety gradually This groundbreaking book presents the Harm Reduction approach a powerful alternative to traditional treatment that helps users set and meet their own goals for gaining control over drinking and drugs The expert empathic authors guide readers to figure out which aspects of their own habits may be harmful what they would like to change and how to put their intentions into action while also dealing with problems that stand in the way such as depression stress and relationship conflicts Based on solid science and 40 years of combined clinical experience the book is packed with self discovery tools fact sheets and personal accounts It puts the reader in the driver s seat with a new and empowering roadmap for change Winner American Journal of Nursing Book of the Year Award

Harm Reduction, Second Edition G. Alan Marlatt, Mary E. Larimer, Katie Witkiewitz, 2011-12-01 From addictions treatment pioneer G Alan Marlatt and associates this is the authoritative work on harm reduction its principles strategies and practical applications Contributors review programs that have been developed and tested for a range of high risk behaviors including problem drinking tobacco use illicit drug use and risky sexual behavior Flexible tailored culturally competent treatment approaches are described for marginalized and underserved communities The volume also explores philosophical and policy related debates surrounding this growing movement New to This Edition Reflects significant advances in research and clinical practice Chapters on the current status of the field applications to psychotherapy and treatment of dual disorders Chapters on additional populations adolescent drinkers and Hispanic Latino and Asian American substance users and an additional substance cannabis

Harm Reduction Treatment for Substance Use Susan E. Collins, Seema L. Clifasefi, 2023-05-22 Harm reduction approaches are effective patient driven alternatives to abstinence based treatment for people who are not ready willing or able to stop using substances This volume outlines the scientific basis and historical

development of these approaches and reviews why abstinence based approaches often do not work The authors then share their expertise about harm reduction treatment HaRT an empirically based approach co developed with community members impacted by substance related harm a first of its kind The reader learns in detail about the pragmatic mindset and compassionate heartset of HaRT and the three treatment components measurement and tracking of patient preferred substance related metrics harm reduction goal setting and achievement and discussion of safer use strategies This volume walks practitioners through all components provides example scripts for use in daily practice and illustrates the work through case studies and input from community members Handouts are available for use in daily practice This is essential reading for clinical psychologists psychotherapists and researchers who encounter people who have substance use problems

Practicing Harm Reduction Psychotherapy Patt Denning, Jeannie Little, 2024-03-26 This acclaimed clinical guide has helped thousands of clinicians put the proven principles of harm reduction into practice with therapy clients who have substance use problems Written by pioneers in the field the book shows how to do effective therapeutic work with people still using alcohol or other drugs It provides clear guidelines for conducting comprehensive assessments making collaborative treatment decisions and implementing interventions that combine motivational cognitive behavioral and psychodynamic strategies The focus is reducing drug related harm while also addressing co occurring psychological and emotional difficulties Detailed clinical illustrations are featured throughout New to This Edition Reflects over a decade of research advances and the tremendous growth of harm reduction clinical practice and training Section on applications with chapters on community based settings harm reduction groups and working with families and friends Chapters on biological and psychodynamic aspects of treatment Expanded discussions of trauma cultural sensitivity and ethics Supplemental resources and training materials at the authors website Provided by publisher

Alcohol Problems: Practice Interventions: Oxford Bibliographies Online Research Guide Oxford University Press, 2010-05-01 This ebook is a selective guide designed to help scholars and students of social work find reliable sources of information by directing them to the best available scholarly materials in whatever form or format they appear from books chapters and journal articles to online archives electronic data sets and blogs Written by a leading international authority on the subject the ebook provides bibliographic information supported by direct recommendations about which sources to consult and editorial commentary to make it clear how the cited sources are interrelated related A reader will discover for instance the most reliable introductions and overviews to the topic and the most important publications on various areas of scholarly interest within this topic In social work as in other disciplines researchers at all levels are drowning in potentially useful scholarly information and this guide has been created as a tool for cutting through that material to find the exact source you need This ebook is a static version of an article from Oxford Bibliographies Online Social Work a dynamic continuously updated online resource designed to provide authoritative guidance through scholarship and other materials relevant to the study and practice of

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Treating Alcohol Problems Frederick Rotgers, Beth Arburn Davis, 2006-06-05 This handy guide provides a single source of evidence based methods for assessing and treating alcohol problems Part of the Wiley Series on Treating Addictions Treating Alcohol Problems offers the latest evidence based guidance on effectively diagnosing and treating the full spectrum of problems related to drinking Whether you are an addictions counselor mental health professional or physician you can use this all in one guide as a stepping stone to seek out and develop better treatment options for your clients Bringing treatment approaches into harmony with scientific findings Treating Alcohol Problems summarizes methods proven to be successful Written in a clear and accessible style the text focuses on presenting the information most directly useful for helping clients This handy guide is ideal for training and continuing education as a refresher for seasoned professionals and as a useful primer for all who come into contact with individuals suffering from alcohol abuse Coverage includes Conceptual foundations defining alcohol problems Identifying alcohol problems Assessment and treatment planning Treatment tools programs and theories When and how clients should be discharged to aftercare Increasing recovery success Culture coaching and change moving beyond alcohol problems Finding and getting the best out of professional resources Supporting this expert coverage the reader friendly series format features quizzes checklists diagrams Research Frontier boxes problem solving scenarios Dos and Don'ts lists Test Yourself questions suggested resources and more These tools help you reinforce your understanding and integrate this knowledge into your practice In addition a thorough bibliography and appendix provide lists of contacts for self help groups residential and outpatient treatment programs support groups Web sites and reading material Treating Alcohol Problems is an essential resource for mental health professionals as well as an indispensable study guide for students in psychology and social services courses

Solution Focused Harm Reduction Seán Foy, 2018-01-30 This is the first book to explain the many synergies between solution focused brief therapy SFBT and harm reduction HR Seán Foy discusses how these two approaches are complementary and when used in conjunction create a novel way of approaching addiction work The book covers several detailed case studies examining how the concepts and theories of both approaches are intertwined to enhance and deepen the work undertaken with people who misuse and abuse substances It will be of great interest to scholars of psychotherapy social work social care addiction nursing and health care as well as to practitioners seeking a clearer understanding of solution focused brief therapy and harm reduction and how to apply these to case work with problematic drinkers and drug users

The Addiction Treatment Planner Robert R. Perkinson, Arthur E. Jongsma, Jr., Timothy J. Bruce, 2022-04-19 Clarify simplify and accelerate the treatment planning process so you can spend more time with clients The Addiction Treatment Planner Sixth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payers and state and federal agencies This valuable resource

contains treatment plan components for 48 behaviorally based presenting problems including depression intimate relationship conflicts chronic pain anxiety substance use borderline personality and more You'll save hours by speeding up the completion of time consuming paperwork without sacrificing your freedom to develop customized treatment plans for clients This updated edition includes new and revised evidence based objectives and interventions new online resources expanded references an expanded list of client workbooks and self help titles and the latest information on assessment instruments In addition you'll find new chapters on some of today's most challenging issues Opioid Use Disorder Panic Agoraphobia Loneliness and Vocational Stress New suggested homework exercises will help you encourage your clients to bridge their therapeutic work to home Quickly and easily develop treatment plans that satisfy third party requirements Access extensive references for treatment techniques client workbooks and more Offer effective and evidence based homework exercises to clients with any of 48 behaviorally based presenting problems Enjoy time saving treatment goals objectives and interventions plus space to record your own customized treatment plan This book's easy to use reference format helps locate treatment plan components by presenting behavioral problem or DSM 5 diagnosis Inside you'll also find a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA The Addiction Treatment Planner Sixth Edition will liberate you to focus on what's really important in your clinical work

The Severe and Persistent Mental Illness Treatment Planner

David J. Berghuis, Arthur E. Jongsma, Jr., Timothy J. Bruce, 2015-01-07 This timesaving resource features Treatment plan components for 31 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes new Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Severe and Persistent Mental Illness Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 31 main presenting problems including employment problems family conflicts financial needs homelessness intimate relationship conflicts and social anxiety Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Severe and Persistent Mental Illness Progress Notes Planner Second Edition Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission COA and NCQA Additional resources in the PracticePlanners series Progress Notes Planners contain complete prewritten progress

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Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery Gary L. Fisher, Nancy A. Roget, 2009 This collection provides authoritative coverage of neurobiology of addiction models of addiction sociocultural perspectives on drug use family and community factors prevention theories and techniques professional issues the criminal justice system and substance abuse assessment and diagnosis and more

The Praeger Handbook of Mental Health and the Aging Community Doreen Maller, Kathy Langsam, 2017-11-27 A comprehensive book written by experienced practitioners this single volume work describes clinical competencies specific challenges and applications in providing services to the elderly and their caregivers More people are living past age 65 than ever before in the United States largely due to medical care advances and increased attention to preventive care The number of people aged 65 and older has increased from 35 million in 2000 to 40 million in 2010 and the elderly population is expected to reach 72 million by 2030 Additionally the American Psychological Association estimates at least 20 percent of all people aged 65 and older have a diagnosable mental disorder There is a clear need to provide additional training support to those in the field of elder care as well as those who are friends or family members of older adults Written by a team of experts each specializing in an aspect of elder care The Praeger Handbook of Mental Health and the Aging Community is a single volume text that addresses the training needs of mental health care providers serving the aging population It offers holistic and integrated models of care after presenting an in depth explanation of the brain body social and emotional changes across aging that can trigger psychological disorders The chapters pay attention to issues of diversity and culture in America s aging population present an integrated care model to serve all of the needs of mentally ill elders include numerous case studies to demonstrate how approaches can be utilized and discuss topics such as disability poverty and the legal and ethical ramifications of elder care

Intellectual Disabilities and Autism: Ethics and Practice Andria Bianchi, Janet A. Vogt, 2024-08-31 This book meaningfully reflects upon difficult timely and debated ethics questions relating to people with intellectual disabilities IDs and autistic people The book challenges now dated perceptions and introduces innovative ideas by leading scholars regarding some of the most complex controversial and relevant ethical dilemmas involving these neurodiverse populations People with IDs and or those on the autism spectrum continue to experience various forms of oppression and unjust treatment across the globe despite the UN Convention on the Rights of Persons with Disabilities CRPD The collection explores questions such as Can people with IDs make informed decisions about their medical treatment living circumstances and overall life What are the ethical implications of selective termination of pregnancy based on a gene linked to a condition conferring intellectual impairment How can we ensure that people with IDs and autistic people are meaningfully included in research Can people with IDs successfully parent How can we support the

capabilities of neurodiverse populations such that they enjoy the rights afforded by the CRPD Each contributor critically examines how we can move forward to create a world that understands and respects the rights of every person with ID and or autism An indispensable read for bioethicists ethics students social justice scholars and others interested in and working with people with IDs and autistic people Us Drug Policy Renard Teipelke, 2010-04 Seminar paper from the year 2010 in the subject Politics International Politics Region USA grade 1 3 University of California San Diego Department of Political Science course International Politics and Drugs language English abstract The US likes to fight wars when it faces huge challenges Lyndon B Johnson fought the war on poverty George W Bush started the war on terrorism and Richard M Nixon first talked about the war on drugs One can discuss if these wars failed however none of these battles can be framed as a total success It can be assumed that these long term overarching wars were better fought on a lower level with less ambitious but more practicable goals With regard to the US prohibitionist policy on certain psychoactive substances I will evaluate the US war on drugs Before taking a closer look at the data I will outline the criteria which should be used to guide public policy in the area of psychoactive substances The scrutiny of the statistics of the drug phenomenon in the US will then lead to my analysis of possible policy solutions for those fields where the war on drugs has not been successful The standpoints and arguments of different interest groups in the public policy field will be discussed and strategies for coalition building outlined In a further step I will describe how international policies can support my public policy Different types of evidence to assess the future progress of my policy advices will conclude my analysis and will be followed by an outlook

The Veterans and Active Duty Military Psychotherapy Treatment Planner, with DSM-5 Updates Bret A. Moore, David J. Berghuis, 2014-12-16 This timesaving resource features Treatment plan components for 39 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most insurance companies and third party payors Includes Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Veterans and Active Duty Military Psychotherapy Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies Features empirically supported evidence based treatment interventions Organized around 39 main presenting problems in treating veterans and active duty military personnel including substance abuse adjustment to killing anger management and domestic violence pre deployment stress survivors guilt and combat and operational stress reaction Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Veterans and Active Duty Military Psychotherapy Progress Notes

Planner Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Additional resources in the PracticePlanners series Progress Notes Planners contain complete prewritten progress notes for each presenting problem in the companion Treatment Planners Homework Planners feature behaviorally based ready to use assignments to speed treatment and keep clients engaged between sessions For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners

ANAC's Core Curriculum for HIV / AIDS Nursing Association of Nurses in AIDS Care (ANAC),2010-10-22 The Association of Nurses in AIDS Care ANAC presents the essential information needed by every nurse working with HIV AIDS patients in any setting The text provides an educational framework for HIV AIDS clinical content and serves those preparing for specialty certification in HIV AIDS training The text covers A Infection transmission and prevention B Clinical management of a variety of patient types C Symptomatic conditions and symptom management D Special populations E Psychosocial concerns for patients ANAC s Core Curriculum for HIV AIDS Nursing Third Edition includes the following new topics Updates to the evidence basis underlying the nursing care of persons with HIV AIDS New issues and challenges including the care for pediatric patients and adults with giardia syphilis and bipolar disease New text features including case studies and quizzes

I Love a Cop, Revised Edition Ellen Kirschman,2006-12-16 Nothing worth doing is easy and that includes loving a cop Being a member of the law enforcement community is a source of pride for officers and families alike But long hours unpredictable shifts and the crisis driven nature of the profession can turn life on the home front into an emotional roller coaster Dr Ellen Kirschman a psychologist who s worked with police officers for more than 30 years gives you practical ways to deal with the challenges that come with the territory Packed with stories from cops and their significant others this book explains how to reduce spillover from on the job stress and cope with loneliness or worry during extended deployments Dr Kirschman acknowledges the tough realities of 21st century law enforcement and offers frank realistic suggestions for handling serious issues like alcohol abuse and domestic violence She also covers special topics for women and minorities on the force Whether you read it from cover to cover or reach for it when problems arise *I Love a Cop* is an indispensable tool that everyone in your family can depend on Mental health professionals see also *Counseling Cops What Clinicians Need to Know* by Ellen Kirschman Mark Kamena and Joel Fay

The Family Therapy Treatment Planner Frank M. Dattilio,David J. Berghuis,Sean D. Davis,2010-02-16 The Family Therapy Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 40 main presenting problems including child parent conflicts depression abuse death and loss issues blended family problems and loss of family cohesion Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use

reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner Second Edition and the Brief Family Therapy Homework Planner Second Edition Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA The Book of Ethics Laura Weiss Roberts, 2009-06-03 The definitive book on ethics for chemical dependency treatment professionals The treatment of addiction as a biological psychological social and spiritual disease requires a high standard of ethical knowledge and professional skill This groundbreaking reader friendly guide to contemporary ethical issues informs and challenges health care professionals students and faculty with a thorough and compassionate examination of the dilemmas faced when providing care for individuals suffering from substance use problems or addiction Renowned psychiatric ethicists Cynthia Geppert and Laura Weiss Roberts tackle issues of autonomy respect for persons confidentiality truth telling and non maleficence setting the standard for contemporary ethical practices These challenges are illuminated with real world case examples that show potential effects on diverse patient populations

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