

A person is shown from behind, performing a yoga pose (Warrior III) on a rocky, desert-like terrain. The person's arms are extended horizontally to the sides in a mudra, and one leg is lifted and bent. The background features a soft, golden sunrise or sunset sky over a hazy horizon. The text "MORNING YOGA" is overlaid in a large, bold, light blue font, centered over the person's torso and legs.

MORNING YOGA

Spotify Morning Routine Guide

Jordan Blake



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