



thirty five

morning routine ideas

to help kick the snooze habit

1. Journal.
2. Use positive affirmations.
3. Practice gratitude.
4. Visualise your perfect day.
5. Meditate.
6. Exercise.
7. Practice yoga.
8. Deep breathing exercises.
9. Miracle Morning SAVERS.
10. Listen to music.
11. Read.
12. Do some colouring.
13. Listen to an audiobook.
14. Listen to a podcast.
15. Drink a glass of water.
16. Enjoy a mindful cup of tea.
17. Eat a healthy breakfast.
18. Use essential oils.
19. Have a social media detox.
20. Check your calendar.
21. Write down your top 3 tasks.
22. Make a list.
23. Focus on your personal growth.
24. Plan out a goal.
25. Check-in on your finances.
26. Track your spending.
27. Complete a 5-minute task.
28. Put on a load of laundry.
29. Take dinner out the freezer.
30. Put dinner in the slow cooker.
31. Plan your meals.
32. Write your shopping list.
33. Go for a walk.
34. Hug your kids.
35. Send a good morning text.



Morning Routine Tax Bracket Ideas

A Loxley



Morning Routine Tax Bracket Ideas:

The Complete Idiot's Guide to Running a Bed & Breakfast Park Davis, Susannah Craig, 2001-04-01 You're no idiot of course. You've had the pleasure of staying at a few bed and breakfasts and you'd love to open a charming inn of your own. But when you think about what it takes to get a business up and running, you want to hang the Do Not Disturb sign. This is your wake up call. *The Complete Idiot's Guide to Running a Bed and Breakfast* will show you it can be easy and fun and a great way to meet new people and make money. In this *Complete Idiot's Guide*, you get useful insights into the booming B & B industry. A simple test to help you decide if you have what it takes to succeed in the B & B business. Idiot-proof guidelines for converting a house into a B & B. Expert advice on accounting and business issues. An insider's look at the new trends in guest services. *Your Federal Income Tax for Individuals*, 2009 **Your Federal Income Tax for Individuals** United States. Internal Revenue Service, 2013 [Tax Guide for Small Business](#), *Reference Listing of Federal Tax Forms and Publications*, 1988 [Unrelated Business Income Tax](#) United States. Congress. House. Committee on Ways and Means. Subcommittee on Oversight, 1988 *A Selection of ... Internal Revenue Service Tax Information Publications*, 1988 *A Selection of ... Internal Revenue Service Tax Information Publications* United States. Internal Revenue Service, 1989

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