

High Protein Meal Prep

Breakfast Bowls

8 Bowls with 42g Protein Each



Protein Breakfast Latest Warranty

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Out of Warranty Haywood Smith, 2013-01-22 If you've ever struggled with a health insurance claim you'll love Haywood Smith's witty send-up of the health insurance industry, the drug companies, the medical profession, and falling apart ten years before Medicare. From the beloved author of *The Red Hat Club* and *Wife in Law*, *Out of Warranty* is a witty story of two lonely misfits who find exactly what they need in the most unlikely of situations with a bonus of humor and heart. If you have anything weird wrong with you in this country you'd better be Canadian. So says widowed Cassie Jones when, after being written off by countless doctors, she finally finds one who diagnoses her with a rare genetic form of arthritis. The condition is manageable but not curable, and a new diagnosis so her health insurance refuses to pay for most of her expensive medications and treatment. So widowed Cassie, still grieving for the love of her life and facing destitution because of her medical bills, decides she has to remarry for better health coverage. Enter one-legged hermit and curmudgeon Jack Wilson on the same appointment schedule at their specialist's who's rude and obnoxious but eventually tries to help by setting up e-dating for Cassie. After a hilarious round of fix-ups and e-dating, Cassie's left with no hope and no prospects. That's when Jack offers a strictly business marriage that could solve both their problems with a serious set of house rules including separate bedrooms. How well it will work remains to be seen. With her trademark humor and sass, Haywood brings these two characters to life in an unlikely grown-up relationship that transcends their medical problems and will leave readers smiling long after the last page is turned.

The 21-Day Healthy Smoothie Plan Sonoma Press, Jennifer Koslo, RD, 2015-04-01 Transform Your Health with One Simple Delicious Daily Smoothie. We all have good intentions when it comes to smart eating, but making better habits stick can be a challenge. Incorporating one nutrient-packed smoothie into your daily routine offers incredible benefits, and *The 21 Day Healthy Smoothie Plan* will give you everything you need to make smoothies a delicious part of your healthy lifestyle. *The 21 Day Healthy Smoothie Plan* offers an easy-to-follow 21-day plan to get you hooked on smoothies. A 3-day detox cleanse for when you need an extra smoothie boost. Troubleshooting guides for common smoothie snafus. Daily inspirational quotes and intentions to motivate you. 30 delicious salad recipes to complement your daily smoothie. Stick to the smoothie plan and turn your best intentions for healthy eating into reality. *Restaurant Business*, 1995

Consumer Bulletin, 1962 Initiatives in Corporate Responsibility Frank E. Moss, United States Congress, Senate Committee on Commerce, 1972

History of Seventh-day Adventist Work with Soyfoods, Vegetarianism, Meat Alternatives, Wheat Gluten, Dietary Fiber and Peanut Butter (1863-2013) William Shurtleff, Akiko Aoyagi, 2014-01-06 The most comprehensive book on this subject ever published. With 3,638 references. **Catalog** Food and Nutrition Information Center (U.S.), 1974 **Catalog of Copyright Entries** Library of Congress, Copyright Office, 1962

Cumulative Index to the Catalog of the Food and Nutrition Information and Educational Materials Center, 1973-1975 Food and Nutrition Information and Educational Materials Center (U.S.), 1975 **The Time Machine**

Reimagined Prince Penman, What if time travel revealed not just the past but the fragile threads of our future In *The Time Machine Reimagined* Prince Penman s Vision of Future Societies and Human Evolution debut author Prince Penman delivers a gripping science fiction adventure that blends dystopian fiction with a bold exploration of future societies Meet Nora Chase a Brooklyn tinkerer armed with a dented time machine and a stubborn streak as she leaps through centuries from flooded cities to ash choked plains unraveling the mysteries of human evolution and the resilience that defines us When Nora discovers a pocket watch that bends time and a cat named Bootstrap who knocks it askew her journey becomes a race against despair From the gritty optimism of community gardens to the sterile hum of utopian experiments she confronts a question that haunts every era Can hope rewrite destiny With wit heart and a touch of absurdity Penman crafts a speculative fiction masterpiece that s as much about fixing the present as it is about navigating the unknown Perfect for fans of time travel tales and thought provoking dystopias this novel offers a fresh lens on survival defiance and the small acts that shape tomorrow Dive into a world where resilience battles entropy and hope is the ultimate rebellion Will Nora s scribbles on time s canvas save us or remind us to keep drawing Grab your copy and find out

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Official Gazette of the United States Patent Office United States. Patent Office, 1917

Cumulative Index to the Catalog of the Food and Nutrition Information and Education Material Center 1973-1975 National Agricultural Library (U.S.), 1975 Catalog. Supplement - Food and Nutrition Information and Educational Materials Center Food and Nutrition Information Center (U.S.), 1973 Supplements 3 8 include bibliography and indexes subject personal author corporate author title and media index

Canada's Who's who of the Poultry Industry, 1987

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Annual Report of the Commissioner of Patents United States. Patent Office, 1918 Prior to 1862 when the Department of Agriculture was established the report on agriculture was prepared and published by the Commissioner of Patents and forms volume or part of volume of his annual reports the first being that of 1840 Cf Checklist of public documents Washington 1895 p 148

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