



MY IDEAL

morning

@myjourney.app

ROUTINE



1. WAKE UP

6.20am



4. EXERCISE

7.00am



7. HAIR + MAKE UP

7.45am



2. JOURNAL

6.25am



5. HOT BATH

7.15am



8. BREAKFAST

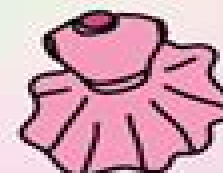
8.00am

500ML



3. HYDRATE

6.40am



6. DRESS

7.25am



9. START YOUR DAY

8.15am

Morning Routine This Week

Victor M. Corman



Morning Routine This Week:

Eventually, you will unconditionally discover a supplementary experience and skill by spending more cash. still when? do you say you will that you require to acquire those all needs when having significantly cash? Why dont you attempt to get something basic in the beginning? Thats something that will lead you to understand even more regarding the globe, experience, some places, taking into consideration history, amusement, and a lot more?

It is your certainly own era to performance reviewing habit. in the course of guides you could enjoy now is **Morning Routine This Week** below.

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