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EDUCATION	MBA Program, Strayer University	June 2016
	BSN, Nursing, University of Maryland School	May 2008
	A.A. General Studies, Baltimore City Comm. College	December 1999
	LPN – Certificate, Brent Community College	December 1995

Experience

06/2015 – Present	United Healthcare Telephonic Utilization Review Nurse, RN Responsibilities: Determine medical appropriateness of inpatient and Skilled Nursing Facility services following evaluation of medical guidelines and benefit determination cases using Milliman and InterQual criteria. Document clinical information in medical management system. Actively monitors the care given in a variety of settings, acute hospital, sub-acute hospital, and acute rehabilitation facility and also approving bed-days for continued stay authorizations. Provide referrals for Transitional Case Management nurses or Disease Management nurses that serve as a connection to proper outpatient and/or home based care. Assist in discharge planning working in partnership with hospitals and healthcare service providers. Experience working with CMS. Comfortable with Microsoft office: PowerPoint, Excel and Word. Good communication skills both verbal and written. Ability to research issues/topics and disperse information to staff. Knowledge of Milliman and InterQual. MCO-Certified until 2017.
09/ 2011 – 4/2013	Bayview Medical Center, Baltimore, MD RN, RN II Responsibilities: Provide direct patient care/physical assessment on post-surgical units. Develop/manage care plans, discharge planning/transition and health education to maximize meet patient's health/care goals.
05/2012 – 8/2013	CareFirst, Blue Cross & Blue Shield, Baltimore, MD RN Case manager Responsibilities: identify/engage members in case management. Coordination of care with health care team/ discharge planning. Locate/provide for appropriate home care/IME needs. Perform reviews of service/authorization for services, periodic review of clinical plan of care. Assess members need for health/ medication management/ teaching needs. Develop patient centered goals/ care plans. Review of benefits/medical policy.
05/ 2008 – 12/2011	ECN Nursing Services Agency, Baltimore, MD RN Responsibilities: worked various hospitals/units -Medical Surgical, Pulmonary Care Units Orthopedic/Neurology/ Trauma/ Spinal Cord Injury Rehabilitation/ Long Term Care Facilities. Provided direct patient care/ medication administration/ treatments, computer documentation, care plans coordination of care. IV and phlebotomy skills.
04/2011 –04/ 2012	ECN, Mount Care, Baltimore, MD RN, Director of Care Delivery Responsibilities: Director of Care Delivery- oversee care management patients. Assessment/ planning/ implementation/evaluation of plan of care. Experience in utilization review, case/disease management.
06/ 2006 – 10/2008	University Physicians Inc., Baltimore, MD RN, Surgery Urology Responsibilities: Knowledge of Medicare regulations/PCMH standards reimbursement requirements. Supervised Care of patients in the outpatient surgical clinical setting. Prepared/educated patients on procedures. Scheduled/ arranged patients tests, medication administration. Reviewed charts / Performed Quality Assurance checks on all equipment, and managed inventory/ Ordered supplies for clinic. Supported all physicians during office surgery.

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ECRI Institute Staff,Ecri



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Health Care Financing Review, 1996 The New England Journal of Medicine, 2009 2008 Healthcare Standards Official Directory ECRI Institute Staff, Ecri, 2007-12 *The Case Manager's Survival Guide* Toni G. Cesta, Hussein A. Tahan, 2003 This practical hands on guide includes vital information every case manager and administrator of a case management program need to be successful A useful resource for working in the changing face of healthcare it addresses case managers in all settings with an emphasis on nurse case managers and their role in providing patient care and containing costs Focusing on the nuts and bolts aspects of case management it discusses the operations of case management programs based on the authors first hand experiences Case Management Tip boxes in each chapter highlight important tips and provide easy access to this information Case studies in several chapters address possible situations the case manager may confront along with the most effective solutions Key points at the end of each chapter summarize pertinent information Appendices provide extensive examples of forms and multi disciplinary action plans used in various healthcare settings

AACN Essentials of Progressive Care Nursing, Third Edition Suzanne M. Burns, 2014-05-22 Concise yet thorough guidance on how to safely and competently care for adult progressive care patients and their families Endorsed by the American Association of Critical Care Nurses AACN and written by top clinical experts in acute and progressive care nursing this textbook covers all the must know details on the care of adult progressive care patients and their families Supported by helpful tables and algorithms the book's practical building block organization starts with the basics before proceeding to more complex concepts The AACN Essentials of Progressive Care Nursing includes essential information to successfully prepare for PCCN certification in progressive care and much more The AACN Essentials of Progressive Care Nursing is divided into four sections THE ESSENTIALS presents information that clinicians must understand to provide safe competent nursing care to the majority of progressive care patients regardless of their underlying medical diagnoses PATHOLOGICAL CONDITIONS covers pathologic conditions and management strategies commonly encountered among adult progressive care patients ADVANCED CONCEPTS IN CARING FOR THE PROGRESSIVE CARE PATIENT presents advanced progressive care concepts or pathologic conditions that are less common or more specialized than expected in adult progressive care KEY REFERENCE INFORMATION features normal laboratory and diagnostic values pharmacology tables algorithms for advanced cardiac life support and summary tables of cardiac rhythms ECG characteristics and treatment guides *Nursing Case Management* Suzanne K. Powell, 1996 The Joint Commission Journal on Quality Improvement, 1996-06 Modern Healthcare, 2007 Essentials of Managed Health Care Peter Reid Kongstvedt, 2001 How can you help students master the complexities of managed health care For years instructors nationwide have counted on one text to convey a solid understanding of fundamental concepts Peter R Kongstvedt's Essentials of Managed Health Care Now in its Fourth Edition this best selling textbook continues to supply a clear and accessible explanation of how managed care actually works Web

site serves as a launching pad to numerous activities and resources where ready to use PowerPoint slides additional readings organized by chapter and a test bank for instructors are available *The AJN Guide to Nursing Career Opportunities* ,1990

Davis's Drug Guide for Nurses Judith Hopfer Deglin, April Hazard Vallerand, 2003 This text is a comprehensive contemporary and easy to use drug reference The book features 4600 trade and generic drugs and 50 monographs new to the edition along with all the latest FDA information on new medications warnings dosage forms and unlabelled uses life span considerations and product withdrawals IV information includes dose dilution syringe Y site additive solution compatibility and incompatibility rate clinical precautions direct IV intermittent infusion continuous infusion life span considerations and IV compatibility and incompatibility 475 commonly used combination drugs are completely updated and side effects organized by body systems with the most frequent problems underlined and life threatening problems capitalized and set in a second colour for easy identification Survival Strategies for Nurses in Managed Care Toni G. Cesta, 2002 This book helps nurse managers define their role in the managed care system learn strategies in financial management and focus on preventative care while working on re engineering patient care delivery systems utilization and outcomes management It addresses topics from defining managed care and explaining how a company works to addressing ethical and legal issues that arise in the managed care system **Understanding Managed Care** Vicki DeBaca, Western Schools, Barbara J.

Youngberg, 2003 *Caring* ,1996 *Case Management in Healthcare* Peggy Rossi, 1999 Case Management in Health Care is a comprehensive reference designed to educate nurses and other health care professionals on the processes involved in case management This reference discusses interventions and collaboration efforts that are necessary to move the patient through the continuum of care It explores the changes in case management and it explains the financial legal and service aspects of this field It is appropriate for nursing students undergraduate and graduate as well as for practicing case managers Focuses on the most current topics that are based on the changes and trends in case management and health care Addresses health care policies laws and regulations as they apply to a case manager's day to day responsibilities Presents the basics on health insurance and the alternate funding programs equipping case managers to become active advocates for their patients Explores the pitfalls and barriers frequently encountered when locating appropriate patient resources and explains how to overcome them Discusses various levels of care and treatment settings outside the acute care setting ex skilled nursing facility and home health care Explains the increasing number of case management models that are being used in various clinical settings Compares the roles and responsibilities of a utilization manager and a case manager emphasizing the need for their collective efforts in providing quality patient care Case Management and Technology focuses on systems support technology tools and resources meaningful reporting using the Internet and video conferencing in relation to effectively serving patients Quality Management for Case Managers covers guidelines for quality management organization standards and practices accountability increasing customer satisfaction and measuring utilization and costs Audits identifies

auditing entities and discusses development of successful competency programs to meet regulatory standards specific to case management The Importance of Credentialing discusses the significance of credentialing as the start of the quality process of an organization Discusses new modalities for case management such as demand management care management drug state management and disability management Addresses the complexity of the moral and ethical issues facing today s case managers Includes content on worker s compensation on site vs telephonic case management and tools to improve the case management practice Tips and training tools for care givers are updated to include agencies literature and various web sites dedicated to care giving Expanded content on legal and legislative issues such as the Balanced Budget Act BBA Emergency Medical Treatment and Active Labor Act EMTALA and Health Insurance Portability and Accountability Act HIPPA Provides current coverage of funding and insurance programs such as Medicare Medicaid Children s health coverage Veteran s benefits and TRICARE Content in Complex Care and Post Acute Care units have been expanded to include the latest advances in emergency care hospice and managing geriatric transplant mentally ill patients Each chapter begins with Objectives that list key points and focus the reader on essential content to better prepare them for learning Suggested Websites and Resources listed at the end of chapter provide reader with opportunity for further study and research End of Chapter Exercises 1 5 questions promote active learning and application of pertinent content

Delmar's Therapeutic Drug Guide for Nurses 1998 George R. Spratto, Adrienne L. Woods, 1997-10-20 Focusing on therapeutic application this sweeping compendium provides complete up to date and reliable information on the newest and most widely used prescription and over the counter drugs Organized by therapeutic class to enable student nurses and other medical practitioners to quickly find the data they need it offers prolific details on thousands of generic and prescription drugs

Managed Care, Outcomes, and Quality Steven F. Isenberg, 1998 The first section leads us through the complicated and risky business of capitation and examines reimbursement in a managed care environment The idiosyncrasies of managed care contracts are detailed and you will learn how to negotiate with managed care companies There is a focus on practice profiling and the presentation of an expertise on referral guidelines The final chapter explores the ethical issues of managed care In section II you will find a description of outcome research and youseful information for the implementation of outcomes research in community based office practices The third section begins with two chapters on improving office efficiency and managing staff in a managed care environment The next chapter leads us through the important and complicated software selection process for the individual practitioner s needs A private practitioner offers his insight into managing a medical practice and the section completes with some helpful pointers to avoid malpractice claims Section IV provides the physicians response to managed care The legal issues of mergers and networks are discussed Several practicing physicians outline their personal experiences in the rapidly changing world of physician network development The book s final chapter leaves us with an expertise on how physicians can take back healthcare

Contingencies ,2004 Making

Sense of Managed Care: Operational issues and practical answers Kimball Austin Miller, Elaine King Miller, 1997

Advanced Practice Nursing in Psychiatric and Mental Health Care American Psychiatric Nurses Association, 1999

Discover how the psychiatric nursing profession must evolve to meet the opportunities and challenges of the next century. This forward thinking book prepares psychiatric nurses for emerging advanced practice roles as clinicians, managers, educators, consultants, policy makers, researchers, and leaders. This joint effort between Mosby and the American Psychiatric Nurses Association (APNA) critically examines the current knowledge base, clinical practice roles, and issues that will continue to have a major impact on the specialty of psychiatric nursing. The book presents the latest information in science and research, relevant concepts and models, technology and informatics, role development, ethical and legal considerations, and policy implications affecting advanced practice psychiatric nurses. An official publication of the American Psychiatric Nurses Association (APNA), it covers all major aspects of advanced practice mental health nursing. Contributed by experts from APNA, other psychiatric nursing associations, and consumer groups. Lists web sites and other available resources in a special Resources and Connections section in each chapter. Provides policy statements, standards, listing of graduate programs, and resources in helpful appendixes.

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web this drill is used by many team field sports have offence form three lines on the 50 yard line and defense form two on the end line send three offensive players down with the ball have them practice flat and through passes on the way down the field once the three offensive players reach the 25 yard line two defenders and the goalie step

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