

Smith's

FRESH FOR EVERYONE™

87¢ /LB

With Card
Gala, Fuji or
Opal Apples
or Simply Truth Organic Apples,
2.5 lb Bunches, \$3.99 with Card

Green
Seedless
Grapes
\$1.48
/LB
with Card

Fresh Artisanal
Pasta For Pasta
or Fettuccine
\$8.99
/LB
with Card
Con Toraja

or Seasoned Artisanal Salmon
or Wild Pacific Salmon
or Seasoned Artisanal Salmon
or Wild Pacific Salmon

Private Selection
Blackened Turkey
Breast
\$7.99
/LB

EARN **4X** FUEL POINTS
with digital coupon
On **FRIDAY** purchases



Scan me to
earn 4X fuel points
on Friday purchases

\$3.97
/LB

With Card | Con Toraja
Boneless Beef Rump or Eye of
Round Roast or London Broil
Asado del Cuadril o Pulpa de Res sin
Hueso o Pulpa Negra

Private Selection
Angus 80% Lean
Ground Round
Con Toraja or
Angus 85% Magna
Ground Round
\$3.99
/LB
with Card
Con Toraja

2.5 lb or more for \$3.99 with Card
100% Season Ground Beef 7.5 lb or \$7.99
2.5 lb or more for \$3.99 with Card
100% Season Ground Beef 7.5 lb or \$7.99

FINAL COST | **PRECIO FINAL**
4/\$12
With Card
Pepsi or 7UP
6-Pack, 16.9¢ or 16.9¢



Private Selection
Blackened Turkey
Breast
\$9.99
/LB

or Seasoned Artisanal Salmon
or Wild Pacific Salmon
or Seasoned Artisanal Salmon
or Wild Pacific Salmon



Nabisco Family
Size Cookies or
Crackers
\$3.49
/EA
with Card



Progresso Soup
Cans
3/\$5
with Card



Peet's Coffee
\$7.99
/EA
with Card



Tostitos Tortilla
Chips
\$2.49
/EA
with Card

SAVE MORE AHORRA MAS WITH DIGITAL COUPONS
CON COUPONES DIGITALES



1.99
-50¢
DIGITAL COUPON OFFER
\$1.49
/EA
Ragu
Pasta Sauce

16.25 oz or Private Selection Pasta, 16.25 oz
or Pringles, 5.25 oz or Private Selection



10/8
-3.00
10/5
Yoplait Yogurt
Select Varieties, 9.99

3.69
-1.00
\$2.69
/EA
Kellogg's Cheez-It
9.12 4 oz or 9.12 4 oz or 9.12 4 oz
Select Varieties



3.99
-2.00
\$1.99
/EA
General Mills Cereal
Select Varieties, 9.99-11.99

15.99
-3.00
\$12.99
/EA
Tide Liquid Laundry Detergent
11.5 lb or 11.5 lb or 11.5 lb or 11.5 lb
or Downy Unstoppables, 11.5 lb or 11.5 lb
or Downy Unstoppables, 11.5 lb or 11.5 lb



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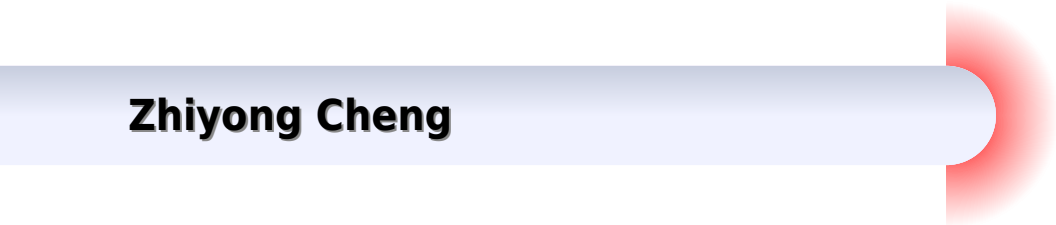
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Save BIG with exclusive digital coupons & early access to weekly ads. | Earn Fuel points & save at the pump!

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Tuesday, February 21, 2023
SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND.

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Weekly Ad This Week

Zhiyong Cheng



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Nutritional Signaling Pathway Activities in Obesity and Diabetes Zhiyong Cheng, 2020-08-24 Nutrients can act as signalling molecules to initiate or mediate signalling transduction that regulates cell function and homeostasis. As such, altered nutrient status has been linked to dysregulated transcripts and protein expression which affects mitochondrial function, autophagy, inflammation, metabolism, and even gut microbiota. This book disseminates the cutting edge knowledge pertaining to nutritional signalling activities in metabolism and metabolic derangements e.g. obesity and diabetes which covers the regulatory mechanisms and dietary interventions for disease prevention. This book represents current nutritional and metabolic research. From the basic molecular science perspective, it covers metabolomics, proteomics, nutrigenomics, nuclear receptors and transcription factors, inflammatory pathways, autophagy, mitochondrial health, and gut microbiota. From the clinical translational science perspective, this book covers clinical trials, precision nutrition, maternal nutrition, and transgenerational health, and allometric scaling of dietary bioactives in translational metabolic research. It brings to the reader in depth understanding of the nutritional aspect, cellular and molecular biology, as well as pathophysiology of obesity and diabetes. In addition, each chapter in this book includes a component of future direction or intervention perspective, making the new knowledge transformative and translational. Aimed at researchers and professionals interested in nutrition, dietetics, and metabolic disorders, this book will also appeal to health science researchers. Geological Survey Bulletin, 1965

Initiation and Promotion in Skin Or Liver Neoplasia Edward B. Ilgren, 2024-12-06 Initiation and Promotion in Skin or Liver Neoplasia is the only source of its kind that presents a comprehensive compilation of in vivo initiation and promotion studies that involve neoplastic changes in the skin or liver of experimental animals. The book surveys world literature over the past 65 years from almost 2 000 original studies covering nearly 200 journals in 9 languages. Publications reviewed consist of primary peer reviewed papers as well as those abstracts, meeting reports, and review articles containing original data. Papers measuring both pre-neoplastic or neoplastic changes are included. The summaries for each study included in the book are highly formatted resumes that have four principal components which indicate: 1. What was done in the study; 2. How the study was done e.g. methods; 3. The precise results obtained; 4. Individual critiques using GLP Good Lab Practice standards. Initiation and Promotion in Skin or Liver Neoplasia provides an indispensable abstracted reference resource for scientists, toxicologists, cancer researchers, litigators, regulators, environmentalists, policy analysts, and industry based investigators.

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