



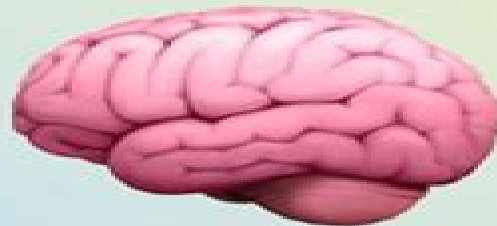
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# Chatgpt Mental Health Tips 2025

**Jessica J Manson**



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