



Pilates At Home This Week

Robert J. Gatchel



Pilates At Home This Week:

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2.88 and the vector $\mathbf{a}$ makes an angle 33.7° with the positive x axis the magnitude of $\mathbf{b}$ is 3.44 and the vector $\mathbf{b}$ makes an angle 35.5° with the positive x axis pointing down to the right as shown in the figure

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