## MY IDEAL

# ROUTINE



1. WAKE UP

6.20am



4. EXERCISE

7.00am



7. HAIR + MAKE UP

7.45am



2. JOURNAL

6.25am



HOT BATH

7.15am



8. BREAKFAST

8.00am



3. HYDRATE

6.40am



6. DRESS

7.25am



9. START YOUR DAY

8.15am

## **Morning Routine Tips**

**IM Harris** 



Whispering the Strategies of Language: An Emotional Quest through Morning Routine Tips

In a digitally-driven world wherever screens reign great and quick conversation drowns out the subtleties of language, the profound secrets and emotional nuances hidden within words usually get unheard. Yet, situated within the pages of **Morning Routine Tips** a charming fictional value pulsating with raw thoughts, lies an exceptional quest waiting to be undertaken. Penned by a talented wordsmith, that wonderful opus invites viewers on an introspective trip, gently unraveling the veiled truths and profound influence resonating within the very material of every word. Within the emotional depths of this poignant review, we can embark upon a sincere exploration of the book is core styles, dissect its captivating writing model, and fail to the strong resonance it evokes heavy within the recesses of readers hearts.

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