



MY IDEAL

morning

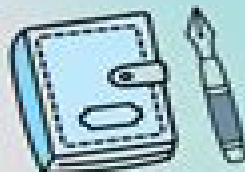
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ROUTINE



1. WAKE UP

6.20am



2. JOURNAL

6.25am

500ML



3. HYDRATE

6.40am



4. EXERCISE

7.00am



5. HOT BATH

7.15am



6. DRESS

7.25am



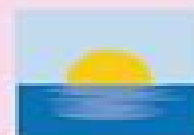
7. HAIR + MAKE UP

7.45am



8. BREAKFAST

8.00am



9. START YOUR DAY

8.15am

Morning Routine Tips Setup

Kevin Ramirez

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

Morning Routine Tips Setup:

Unveiling the Energy of Verbal Art: An Emotional Sojourn through **Morning Routine Tips Setup**

In some sort of inundated with displays and the cacophony of instant transmission, the profound power and mental resonance of verbal artistry frequently diminish into obscurity, eclipsed by the regular assault of sound and distractions. However, located within the lyrical pages of **Morning Routine Tips Setup**, a interesting perform of literary elegance that impulses with fresh feelings, lies an memorable journey waiting to be embarked upon. Written by a virtuoso wordsmith, that magical opus books readers on a psychological odyssey, lightly exposing the latent potential and profound impact embedded within the intricate internet of language. Within the heart-wrenching expanse with this evocative examination, we will embark upon an introspective exploration of the book is main themes, dissect their fascinating writing style, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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