

Anxiety Relief Last 90 Days

Linda Skidmore-Roth

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Geriatric Mental Health Care Gary J. Kennedy,2001-11-02 This essential guide is designed for mental health practitioners and p rimary care providers without advanced training in geriatric psychiatry Gary J Kennedy sets forth a clear framework for understanding the interplay of medical psychological and social factors in frequently encountered problems among older adults Clear guidelines are delineat ed for assessing and treating such conditions as depression and anxiet y dementia psychosis and mania sleep disturbances personality and somatoform disorders substance abuse and suicidality Throughout the book focuses on ways to sustain seniors independence and overall quality of life while enhancing their

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