



Morning Routine

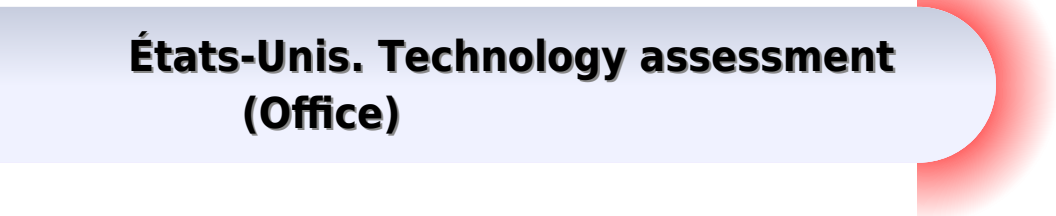
TO SET UP YOUR DAY FOR SUCCESS

- ☐ Don't check your phone for the first 15 minutes
- ☐ Journal 3 things you are grateful for
- ☐ Make your bed
- ☐ Drink 500 mL of water
- ☐ 5-10 minute stretch
- ☐ Brush your teeth & wash your face
- ☐ Work out for 20 minutes
- ☐ Take a cold shower
- ☐ Meditate
- ☐ Take probiotics & vitamins
- ☐ Coffee time!
- ☐ Read an article about something you want to learn about while eating
- ☐ Review your schedule to check for meetings
- ☐ Write your to-do list for the day
- ☐ Get your day started! You got this!

Joanna Rahier.com

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Making Hard Cash in a Soft Real Estate Market Wendy Patton, Justin Ryan, 2008-03-31 Filled with creative strategies that work in today's market A must read for the real estate investor Albert Lowry PhD New York Times bestselling author of *How You Can Become Financially Independent by Investing in Real Estate* A few years ago even reckless real estate investors could still make money because the market was booming But many markets have softened and making a profit isn't as simple as it used to be However with the right strategy and long term thinking there is still plenty of money to be made in real estate If you're willing to look outside your local market you'll discover emerging markets that are booming And there are also smart investing strategies that work especially well in slowing markets You can do it You just need the new rules and wise tactics you'll find in this practical profitable guide Invest in up and coming high growth emerging markets Learn the powerful strategy of market timing Use lease options to get more for your money Learn creative strategies to engineer hands off investments Find foreclosures and other hidden bargains Invest in bargain rate new construction projects There are great deals hiding in every real estate market and this book makes finding those values easy Whether you want to locate the next up and coming growth markets or find creative ways to finance your investments *Making Hard Cash in a Soft Real Estate Market* is a savvy guide to investing for anyone who wants to play it safe and profitably *Sample Chapters* Delaney Diamond, This is not a box set or complete books This free ebook offers tantalizing sample chapters from three beloved family series Read about the very first family series that started it all the Hawthorne Family Get a glimpse into the lives of the influential Johnson Family billionaires of Seattle Experience the allure of their equally wealthy cousins in Atlanta the Brooks Family Also download the interracial romance sample chapters by Delaney Diamond **Motor**, 1940 Fast Real Estate Profits in Any Market Sebastian Howell, 2006 For anyone interested in becoming involved in the industry this guide to flipping property and using it as an investment tool explains the procedure the roles of those involved legal aspects financing and loans finding property renovation and how to show and sell a house Also covered are timelines tools needed negotiation and sample forms A lengthy glossary is provided Annotation 2006 Book News Inc Portland OR booknews.com Braving the Heat Regan Black, 2018-07-01 When a firefighter is targeted for murder she turns to a scorching hot bodyguard in the USA Today bestselling author's romantic thriller *Firefighter* Kenzie Hughes never thought saving lives would make her a target When a man she rescued files a complaint against her the harassment is bad enough But when someone rigs her car Kenzie needs help the kind of help sexy Stephen Galway can offer Ever since Stephen's fiancée was killed he's sworn off romance and devoted himself to justice Knowing the danger Kenzie faces he insists on being her bodyguard But as the danger heats up so does the undeniable attraction between Stephen and Kenzie Can he keep her safe and out of his arms when they're forced to confront what they fear most **Big Book of Small Home Plans, 2nd Edition** Design America Inc., 2021-09-07 Choosing a new house design is exciting but it's also difficult The *Big Book of Small Home Plans 2nd Edition* makes it easy

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