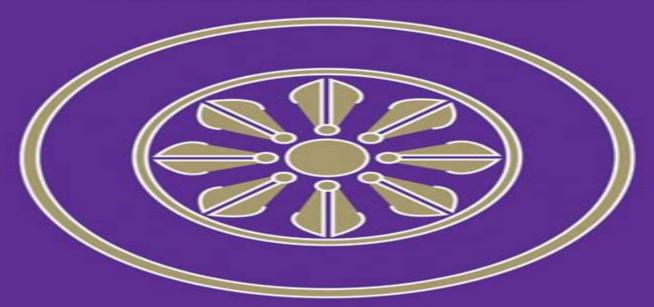
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BESTSELLING AUTHOR OF BUDDHISM FOR BUSY PEOPLE

# MEDITATIONS for MANIC MOTORISTS

In car relaxation techniques





DAVID MICHLE

Read by Nicholas Bell

# **Meditations For Manic Motorists In Car Relaxation Techniques**

**L** Towne

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