

NOTES *from a* DOCTOR'S POCKET

Heartwarming Stories of Hope *and* Healing



Robert D. Lesslie, M.D.

From the Bestselling Author of *Angels in the ER*

Notes From A Doctors Pocket Heartwarming Stories Of Hope And Healing

Rosina Ehmann



Notes From A Doctors Pocket Heartwarming Stories Of Hope And Healing:

Notes from a Doctor's Pocket Robert D. Lesslie, 2013-10-01 These Notes from a Doctor's Pocket come from the decades of ER experience of bestselling author Dr Robert Lesslie whose routine faced him with times of grief or pain relief or delight life or death Such everyday happenings and encounters gave rise to these vignettes in which readers will meet up with the characters coincidences and complications common to the emergency room characters like Freddy who literally shoots himself in the foot coincidences like finally having the chance to hear what patients say to each other when doctors and nurses aren't in the room complications such as dealing with parents who buy lottery tickets and alcohol instead of medicine for their little boy These heart tugging heart lifting slices of life will prompt readers to search for opportunities to give the comfort of a touch the grace of a kind word or a prayer that brings hope and healing 60 Ways to Lose 10 Pounds (or More) Robert D. Lesslie, 2016-08-30 Simple Ways to Lose a Little Weight and Experience Immense Relief If you've heard it all tried it all and felt discouraged by not seeing results this book is for you With so much conflicting information available about health and weight loss Dr Robert Lesslie rises above the noise and takes a refreshing reasonable and encouraging approach to the topic Drawing on his 30 plus years of working in the medical field Dr Lesslie provides practical answers to pertinent questions such as Why don't low fat diets work and which diets do Are weight loss medications and medical procedures viable options Why are commercial weight loss plans so expensive and are they worth it How much exercise do I need a week and what kind of activity is best What is a reasonable weight loss goal Filled with safe and effective ideas for slimming down 60 Ways to Lose 10 Pounds or More is your go to handbook for practical advice and in the moment inspiration Let Dr Lesslie become your cheerleader and coach as you work toward your weight loss goal Notes from a Doctor's Pocket Robert D. Lesslie, 2013-10-01 These Notes from a Doctor's Pocket come from the decades of ER experience of bestselling author Dr Robert Lesslie whose routine faced him with times of grief or pain relief or delight life or death Such everyday happenings and encounters gave rise to these vignettes in which readers will meet up with the characters coincidences and complications common to the emergency room characters like Freddy who literally shoots himself in the foot coincidences like finally having the chance to hear what patients say to each other when doctors and nurses aren't in the room complications such as dealing with parents who buy lottery tickets and alcohol instead of medicine for their little boy These heart tugging heart lifting slices of life will prompt readers to search for opportunities to give the comfort of a touch the grace of a kind word or a prayer that brings hope and healing *Miracles in the ER* Robert D. Lesslie, 2014-08-01 You've heard about them Extraordinary unexplainable seemingly miraculous true stories that couldn't have happened but did Real life stories of life changes answered prayers inner and outer healing where they appeared impossible Again and again bestselling author Dr Robert Lesslie has encountered such Miracles in the ER during his decades of experience in emergency medicine In these vignettes all true stories Dr Lesslie chronicles miracles of physical healing joy and forgiveness restored

relationships time granted and spent angels human and otherwise These touching dramatic thought provoking snapshots of life will grace you with hope and prompt you to look more closely for the miracle stories around you that so often go unseen and untold

60 Ways to Lower Your Cholesterol Robert D. Lesslie, 2015-05-01 Our fearfully and wonderfully made bodies will one day wear out But there are things we can do in the meantime to maximize our health and enjoy the years we've been given Cardiovascular disease heart disease and stroke account for most of the deaths each year in the US and other developed countries But you can often prevent these deadly illnesses if you control a key risk factor the cholesterol levels in your blood Physician and bestselling author Robert Lesslie describes effective ways for lowering your cholesterol and provides clear expert advice on such key questions as What exactly is cholesterol What are HDL LDL and triglycerides and why is it important to know the difference between them What roles do diet and exercise play in controlling your cholesterol levels What are the benefits and dangers of cholesterol lowering drugs What alternative treatment options are available Dr Lesslie's realistic plan to lower your cholesterol will have you living healthier and may even increase your chances for a longer more vibrant life

Healing Hearts (Hope Center Stories, Book 2) (Mills & Boon Heartwarming) Syndi Powell, 2018-03-01 Now that she's healed can she heal him

Empowered Healing Susanne M. Alexander, Craig A. Farnsworth, 2014-09-12 Empowered Healing is a practical guide to personal responsibility in healing and creating quality of life while experiencing cancer The book guides patients and their loved ones through a systematic fact based spirit guided approach This approach can lengthen cancer patient's lives and also help them increase the quality of the time they have no matter how long it is Practical suggestions and strategies Short easy to read guide Applies to most cancers whatever treatment choices are made A cancer journey can be overwhelming this guide is simple and easy to implement Helps patients especially when married caregivers friends and family Contains honest and heartfelt stories from Craig and Susanne's own experiences Endorsed by Dr Bernie Siegel bestselling author of Love Medicine and Miracles Cancer patients search for an often elusive cure or miracle treatment Some choose to simply let the disease progress Many choose multiple treatment options that are challenging in their side effects However maintaining empowered personal responsibility in healing coping and creating optimum quality of life is vital

The Athenaeum, 1873 **Small Press Record of Books in Print**, 1992

Athenaeum James Silk Buckingham, John Sterling, Frederick Denison Maurice, Henry Stebbing, Charles Wentworth Dilke, Thomas Kibble Hervey, William Hepworth Dixon, Norman Maccoll, Vernon Horace Rendall, John Middleton Murry, 1873

Alliance News, 1897 **The Rotarian**, 1953-09 Established in 1911 The Rotarian is the official magazine of Rotary International and is circulated worldwide Each issue contains feature articles columns and departments about or of interest to Rotarians Seventeen Nobel Prize winners and 19 Pulitzer Prize winners from Mahatma Gandhi to Kurt Vonnegut Jr have written for the magazine

Think Like a Pancreas Gary Scheiner, 2012-01-24 The all in one comprehensive resource for the millions of people with diabetes who use insulin revised and updated Few diabetes books focus specifically on the day to

day issues facing people who use insulin Diabetes educator Gary Scheiner provides the tools to think like a pancreas to successfully master the art and science of matching insulin to the body's ever changing needs Comprehensive free of medical jargon and packed with useful information not readily available elsewhere such as Day to day blood glucose control and monitoring Designing an insulin program to best match your lifestyle Up to date medication and technology New insulin formulations and combinations and more With detailed information on new medications and technologies both apps and devices surrounding insulin as well as new injection devices and dietary recommendations Think Like a Pancreas is the insulin user's go to guide **The Ladies' World** ,1896 The Examiner ,1862 Atlanta ,2004-07 Atlanta magazine's editorial mission is to engage our community through provocative writing authoritative reporting and superlative design that illuminate the people the issues the trends and the events that define our city The magazine informs challenges and entertains our readers each month while helping them make intelligent choices not only about what they do and where they go but what they think about matters of importance to the community and the region Atlanta magazine's editorial mission is to engage our community through provocative writing authoritative reporting and superlative design that illuminate the people the issues the trends and the events that define our city The magazine informs challenges and entertains our readers each month while helping them make intelligent choices not only about what they do and where they go but what they think about matters of importance to the community and the region **The Round Table** ,1867 **New York Magazine** ,1990-10-15 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea **Round Table** ,1867 Air Force Gunners Turner Publishing,1994 History of the airforce gunners from early days through World War II and later

Adopting the Melody of Appearance: An Mental Symphony within **Notes From A Doctors Pocket Heartwarming Stories Of Hope And Healing**

In a global consumed by screens and the ceaseless chatter of immediate conversation, the melodic beauty and psychological symphony produced by the written word often disappear into the backdrop, eclipsed by the constant noise and interruptions that permeate our lives. Nevertheless, set within the pages of **Notes From A Doctors Pocket Heartwarming Stories Of Hope And Healing** an enchanting fictional value filled with raw emotions, lies an immersive symphony waiting to be embraced. Crafted by an outstanding musician of language, that fascinating masterpiece conducts visitors on a mental trip, skillfully unraveling the hidden songs and profound affect resonating within each cautiously crafted phrase. Within the depths of the moving analysis, we can explore the book is key harmonies, analyze its enthralling writing model, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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