# THE NOW HABIT

THE FIORE PRODUCTIVITY PROGRAM FOR OVERCOMING PROCRASTINATION AND ENJOYING GUILT-FREE PLAY

MOUNTAINON CANDS

NEIL FIORE, PH.D.

64 MOTIVATION CARDS

## Cultivate the Now Habit

You can cultivate the Now Habit: the ability to put aside the fear of failure, the terror of feeling overwhelmed, and low selfesteem, and focus your mind on what you can start now.

# **Now Habit Motivation Cards Tarcher Inspiration Cards**

**Camilla Rothe** 

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